



Berkeley Public Health

CHOIR CENTER FOR HEALTHCARE ORGANIZATIONAL INNOVATION RESEARCH



# Thank you!

## Next Right Care University of Best Practices:

### September 13, 2021, 12-2 PM PST: Cardiac Rehab including Stress Reduction & Meditation

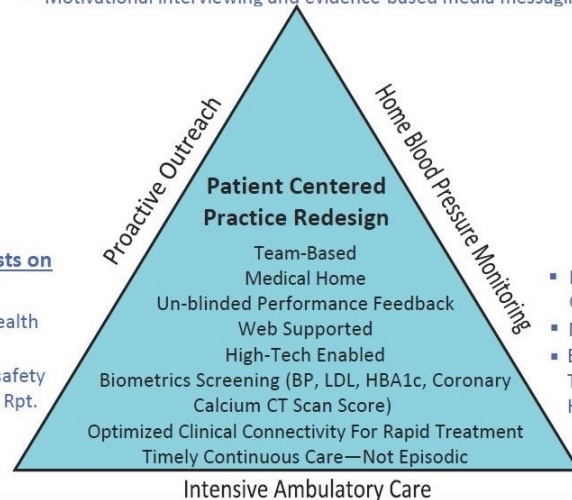
#### Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

##### Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
  - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
    - Motivational interviewing and evidence-based media messaging

##### Clinical Pharmacists on Care Team

- CA Dept. Public Health White Paper
- HRSA.gov/patientsafety
- Surgeon General's Rpt.



##### Protocols

- Nationally Endorsed Guidelines (ACC, ADA)
- NICE UK (eg. chest pain)
- Bundled Medication Therapy (Aspirin, Statin, Hypertension Agents)

Please submit your questions, comments, and feedback to [rightcare@berkeley.edu](mailto:rightcare@berkeley.edu)

Please see [rightcare.berkeley.edu](http://rightcare.berkeley.edu) for slides and reference materials.