The foundation of our work is publicly available data from the US Centers for Disease Control, the California Department of Public Health, the CA Office of the Patient Advocate, the CA Office of Statewide Health Planning and Development, the Integrated Health Care Association, the National Committee For Quality Assurance, the federal Agency for Health Care Quality and Research, and the Commonwealth Foundation, among others. Over the course of this project, California has outpaced the nation in improving health system performance on control of blood pressure, cholesterol and blood sugar, building on the “100,000 Lives” campaign for reducing medical errors and the Million Hearts™ national initiative launched in 2011.
Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

Patient Activation
- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
- Evidence-based patient education (e.g., Project DULCI; Stanford Patient Self-Management)
- Motivational interviewing and evidence-based medication messaging

Clinical Pharmacists on Care Team
- CA Dept, Public Health
- HRS/PA/patient safety
- Surgeon General's Rpt

Patient Centered Practice Redesign
- Team-based
- Medical home
- Un-biased Performance Feedback
- Web Supported
- High Tech Enabled
- Biometrics Screening (BP, LDI, HbA1c, Coronary Calcium CT Scan Score)
- Optimized Clinical Connectivity for Rapid Treatment
- Timely Continuous Care—Not Episodic

Intensive Ambulatory Care

Protocols
- Nationally Endorsed Guidelines (ACC, ADA)
- NICE UK (eg, chest pain)
- Bundled Medication Therapy (Aspirin, Statin, Hypertension Agents)

Implementation Action:
The Right Care Initiative, operated by the UC Berkeley School of Public Health, was publicly launched with encouragement from the Department of Managed Health Care, NCQA and the Deans of UC Berkeley and UCLA Schools of Public Health in March 2008 at the 1st annual Clinical Quality Improvement Leadership Summit. Since then, more than a dozen Right Care summits have been held around the state, along with over 200 monthly University of Best Practices. Each Right Care gathering is a collaborative effort to close the gap between science and practice to improve patient outcomes working with medical directors, pharmacy and quality improvement directors, as well as thought leaders in evidence-based medicine.

State-Wide Right Care Technical Expert Group: Stephen Shortell, PhD, MPH, MBA, Technical Expert Group Chair; Dean Emeritus and Provost, School of Public Health, UC Berkeley; Robert M. Kaplan, PhD, Research Director, Stanford University Clinical Excellence Research Center; Hector Rodriguez, PhD, MPH, Prov. Health Policy and Management, School of Public Health, UC Berkeley; Director, Center for Healthcare Organizational and Innovation Research; William J. Bommer, MD, FACP, FACC, Statewide Chairman, Right Care Initiative; Specialty Delegate, California American College of Cardiology and California Medical Association; Director, California ePCI Program; Director, Prevention Forward Program and Professor of Medicine, Division of Cardiovascular Medicine, University of California, Davis; Steve Chen, PharmD, FASHP, Jack W. Baskin Family Professor of Clinical Affairs, USC School Pharmacy; Keith Emmons, MD, Medical Director, CenCal Health of Santa Barbara (Medi-Cal plan); Scott Flinn, MD, University of Best Practices Co-Founder; Medical Director, Blue Shield of California; Former Navy Undersea Medical Officer with the Navy SEALs; Cindy Giambrone, PharmD, Co-Chair, Right Care Initiative Heart Failure Work Group; Director, Performance Improvement and ACO Pharmacy Risk, MemorialCare Foundation and Medical Group; Jan D. Hirsch, RPh, PhD, Founding Dean, UC Irvine School of Pharmacy; David Marion, MD, C.F. Rehrberg Professor of Medicine; Chief, Stanford Preventive Research Center; Director, Preventive Cardiology, Stanford University School of Medicine; John Overtviet, MD, Karolinska Institute, Stockholm, Sweden; Catrina Taylor, PhD, NSPH, Senior Research Scientist, Epidemiologist/Biostatistician, Chronic Disease and Control Branch, California Department of Public Health

Early Co-Founding Experts: Arnim Mislin, MD, MPH, Professor of Medicine and Director, Clinical Excellence Research Center, Stanford University; Medical Director, Pacific Business Group on Health; Warren Barnes, JD, M.Div., Former Chief Lawyer, California Department of Managed Health Care, Minister and Co-Founder, Right Care Initiative; Allen Fremont, MD, PhD, Right Care Technical Group 2008-2020; Co-Principal Investigator and Data Lead, Right Care-NHLBI (2009-2012); Former Physician Policy Researcher and Director, RAND Corporation; Helen Halpin, SCM, PhD, Professor Emeritus and Former Director, Center for Health and Public Policy Studies, University of California Berkeley School of Public Health; Jerry Penso, MD, MBA, President and Chief Executive Officer, AMGA (formerly the American Medical Association); Co-Founder, Right Care Initiative University of Best Practices.

University of Best Practices: Thanks to an NIH GO grant (2009-July 2012), the Right Care Initiative received a special opportunity to launch a community-focused effort to reach the Right Care Initiative goals of preventing heart attacks, strokes and diabetic complications and pilot the first University of Best Practices in San Diego (subsequently renamed Be There San Diego.) Since then, Right Care University of Best Practices has been launched in three additional metro areas: Sacramento in 2012, Los Angeles in 2013 and Bay Area Silicon Valley in 2018. Each University of Best Practices makes an effort to include the major delivery systems of the region, including medical groups, health plans, community clinics, local public health, military and VA medical leaders, together with patient advocacy groups and other subject matter experts.

Bay Area Silicon Valley Right Care University of Best Practices Co-Chairs and Steering Committee: Robert Kaplan, PhD, Research Director, Stanford University Clinical Excellence Research Center; Eveline Stock, MD, Assistant Prof., Cardiology, School of Medicine, University of California, San Francisco; Cardiologist, Cardiovascular Care & Prevention Center, University of California, San Francisco; Nirali Vora, MD, Associate Prof.; Neurology, School of Medicine, Stanford University; Director, Global Health Neurology; Program Director, Adult Neurology Residency, School of Medicine, Stanford University; Edward M. Yu, MD, CMQ, CPPS, CPE, Chief Quality Officer, Palos Verdes Medical Foundation.

Capital Region Right Care University of Best Practices Co-Chairs: William J. Bommer, MD, FACP, FACC, Statewide Chairman, Right Care Initiative; Specialty Delegate, California American College of Cardiology and California Medical Association; Director, California ePCI Program; Director, Prevention Forward Program and Professor of Medicine, Division of Cardiovascular Medicine, University of California, Davis; Susan L. Ivey, MD, MSHA, Co-Chair, Right Care Initiative Capital Region; Professor, Adjunct, School of Public Health, UC Berkeley; Director of Research, Health Research for Action; Joseph Sky, MD, FACP, FACC, Co-Chair, Right Care Initiative University of Best Practices; Chief of Preventive Care, UCSF; Chief of Staff, David Grant Medical Center, US Air Force; Matthew P. Wonnacott, MD, Chief Medical Officer, Barton Health.

Los Angeles Right Care University of Best Practices Co-Chairs: Oliver Brooks, MD, Chief Medical Officer, Watts HealthCare Corporation; Immediate Past President, National Medical Association; Steve Chen, PharmD, FASHP, FCSPH, FNPAP, Associate Dean for Clinical Affairs, USC School of Pharmacy; Tony Kuo, MD, MSHP, Director, Chronic Disease and Injury Prevention in the LA County Dept. of Public Health; Co-Program Leader, Population Health Program, UCLA Clinical and Translational Institute; Carol Zaher, MD, MPH, MBA, Medical Dir., Health Net CA Medical Management, Centene.

San Diego Be There University of Best Practices Co-Chairs: Anthony DeMaria, MD, Former Editor in Chief, Journal of American College of Cardiology; Founding Director, UCSD Cardiovascular Center; Professor, School of Medicine, UCSD, Pasarg Aghionrudi, MD, Chief Medical Officer, Population Health Services at UC San Diego Health; R. James Dudi, MD, Former Diabetes Lead & Community Benefits, Kaiser Permanente.

Resources: We wish to thank the Right Care Initiative supporters: The Sierra Health Foundation, RAND Corporation, Stanford University, The California Department of Public Health, Blue Shield, Stroke Awareness Foundation, No More Broken Hearts Foundation, Amanin, Amgen, Boehringer-Ingelheim, Genentech, Johnson & Johnson, and Novo Nordisk for enabling the research and logistical support at the University of California, Berkeley School of Public Health for the Right Care Initiative University of Best Practices and our clinical quality improvement leadership summits. A very special thank you to the National Institutes of Health / National Heart, Lung, and Blood Institute, and the Judith and Janice Whitman Foundation for initial seed funding for the University of Best Practices!

Right Care Website: http://rightcare.berkeley.edu

View medical group scores by county via the CA Office of the Patient Advocate: http://reportcard.opa.ca.gov/rc/medicalgroupcounty.aspx