



Berkeley Public Health

CHOIR CENTERS FOR HEALTHCARE ORGANIZATIONAL INNOVATION RESEARCH



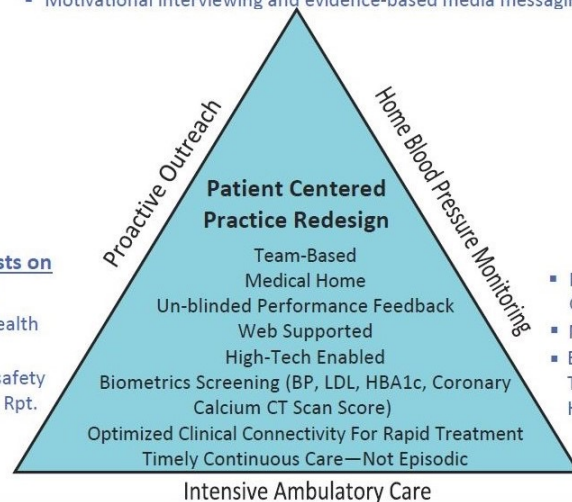
# Thank you!

## Next Virtual University of Best Practices: June 29, 2021 - 4:00 – 6:00PM

### Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

#### Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
  - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
    - Motivational interviewing and evidence-based media messaging



#### Clinical Pharmacists on Care Team

- CA Dept. Public Health White Paper
- HRSA.gov/patientsafety
- Surgeon General's Rpt.

#### Protocols

- Nationally Endorsed Guidelines (ACC, ADA)
- NICE UK (eg. chest pain)
- Bundled Medication Therapy (Aspirin, Statin, Hypertension Agents)

### *Telehealth Implementation for Adults with Type II Diabetes and/or Hypertension in California's Community Health Centers*

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Please submit your questions, comments, and feedback to [rightcare@berkeley.edu](mailto:rightcare@berkeley.edu)

Please see [rightcare.berkeley.edu](http://rightcare.berkeley.edu) for slides and reference materials.