

Welcome to the Right Care Initiative Virtual University of Best Practices

- Meeting starts promptly at 4:00 PM
- Session is currently being recorded
- All participants are muted
- Please submit questions using the Q&A tab - bottom center of screen
- Speakers will be prompted with a bell/chime to help keep the meeting on schedule
- Please see rightcare.berkeley.edu for slides and reference materials.

Thank You to Our Right Care Initiative Supporters!



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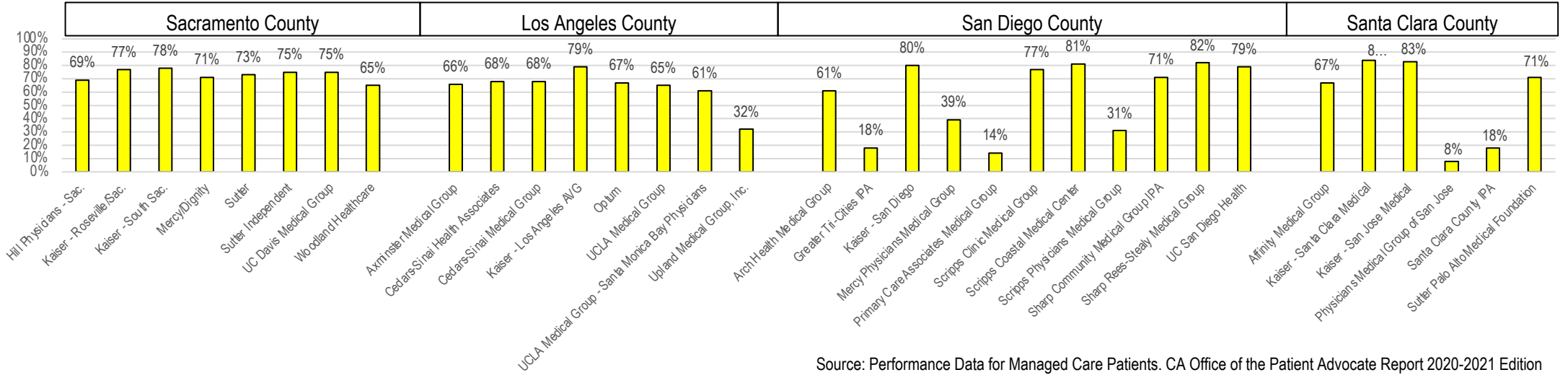
Right Care Initiative Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80 % in good control, or "A Grade" (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater.

Priority Targets:

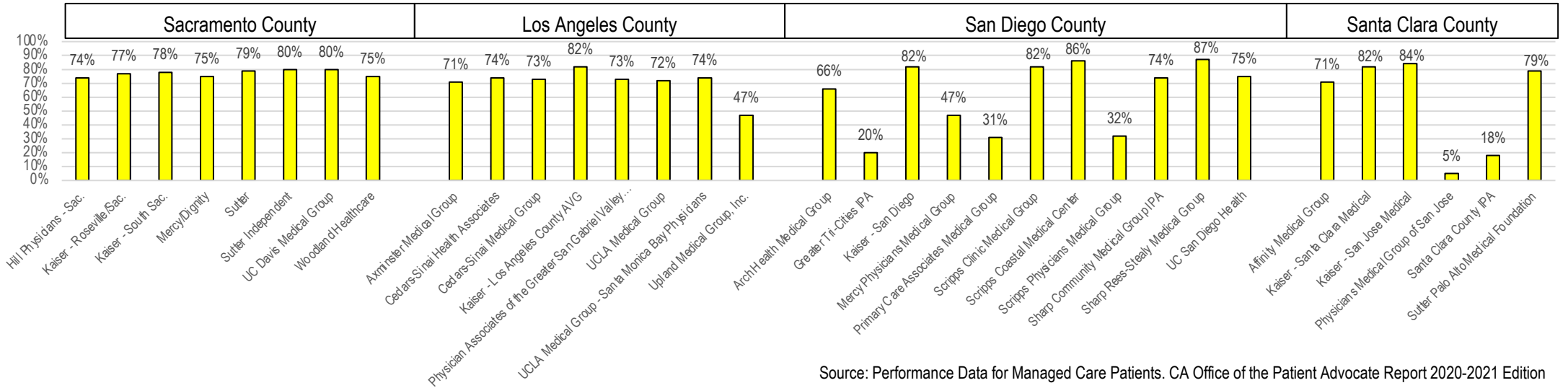
- + 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg**
 - o (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA)**
- + 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8**
- + 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)**
- + Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support**

Performance in Right Care CA Counties for Blood Pressure (BP) Control at <140/90 mmHg (Performance Year 2019)



Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition

Performance in Right Care CA Counties for BP Control at <140/90 mmHg for people with Diabetes (Performance Year 2019)



Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition

Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
 - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
 - Motivational interviewing and evidence-based media messaging

