Welcome to the Right Care Initiative Virtual University of Best Practices

- Meeting starts promptly at 4:00 PM
- Session is currently being recorded
- All participants are muted
- Please submit questions using the Q&A tab - bottom center of screen
- Speakers will be prompted with a bell/chime to help keep the meeting on schedule
- Please see rightcare.berkeley.edu for slides and reference materials.
Right Care Initiative Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80% in good control, or “A Grade” (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater.

Priority Targets:

- 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg
  
  - Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA

- 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8

- 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)

- Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support
### Performance in Right Care CA Counties for Blood Pressure (BP) Control at <140/90 mmHg (Performance Year 2019)

<table>
<thead>
<tr>
<th>Sacramento County</th>
<th>Los Angeles County</th>
<th>San Diego County</th>
<th>Santa Clara County</th>
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<tbody>
<tr>
<td>69%</td>
<td>77%</td>
<td>78%</td>
<td>71%</td>
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Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition

### Performance in Right Care CA Counties for BP Control at <140/90 mmHg for people with Diabetes (Performance Year 2019)

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<tbody>
<tr>
<td>74%</td>
<td>77%</td>
<td>73%</td>
<td>75%</td>
</tr>
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Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition
Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

**Patient Activation**
- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
- Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
- Motivational interviewing and evidence-based media messaging

**Patient Centered Practice Redesign**
- Team-Based Medical Home
- Un-blinded Performance Feedback Web Supported
- High-Tech Enabled Biometrics Screening (BP, LDL, HBA1c, Coronary Calcium CT Scan Score)
- Optimized Clinical Connectivity For Rapid Treatment
- Timely Continuous Care—Not Episodic

**Clinical Pharmacists on Care Team**
- CA Dept. Public Health
- White Paper
- HRSA.gov/patientsafety

**Protocols**
- Nationally Endorsed Guidelines (ACC, ADA)
- NICE UK (e.g., chest pain)
- Bundled Medication Therapy (Aspirin, Statin, Hypertension Agents)

**Intensive Ambulatory Care**