

Welcome to the Right Care Initiative Virtual University of Best Practices

- Meeting starts promptly at 12:00 PM
- Session is currently being recorded
- All participants are muted
- Please submit questions using the Q&A tab - bottom center of screen
- Speakers will be prompted with a bell/chime to help keep the meeting on schedule
- Please see rightcare.berkeley.edu for slides and reference materials.
- Please fill out the CME survey by 4.12.21 11:59PM:
<https://www.surveymonkey.com/r/41221CME>
- For any CME questions, please direct them to Alissa Maier.
Alissa.Maier@med.usc.edu

Thank You to Our Right Care Initiative Supporters!



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At all Right Care Initiative gatherings, we follow the Warren Barnes Principle:

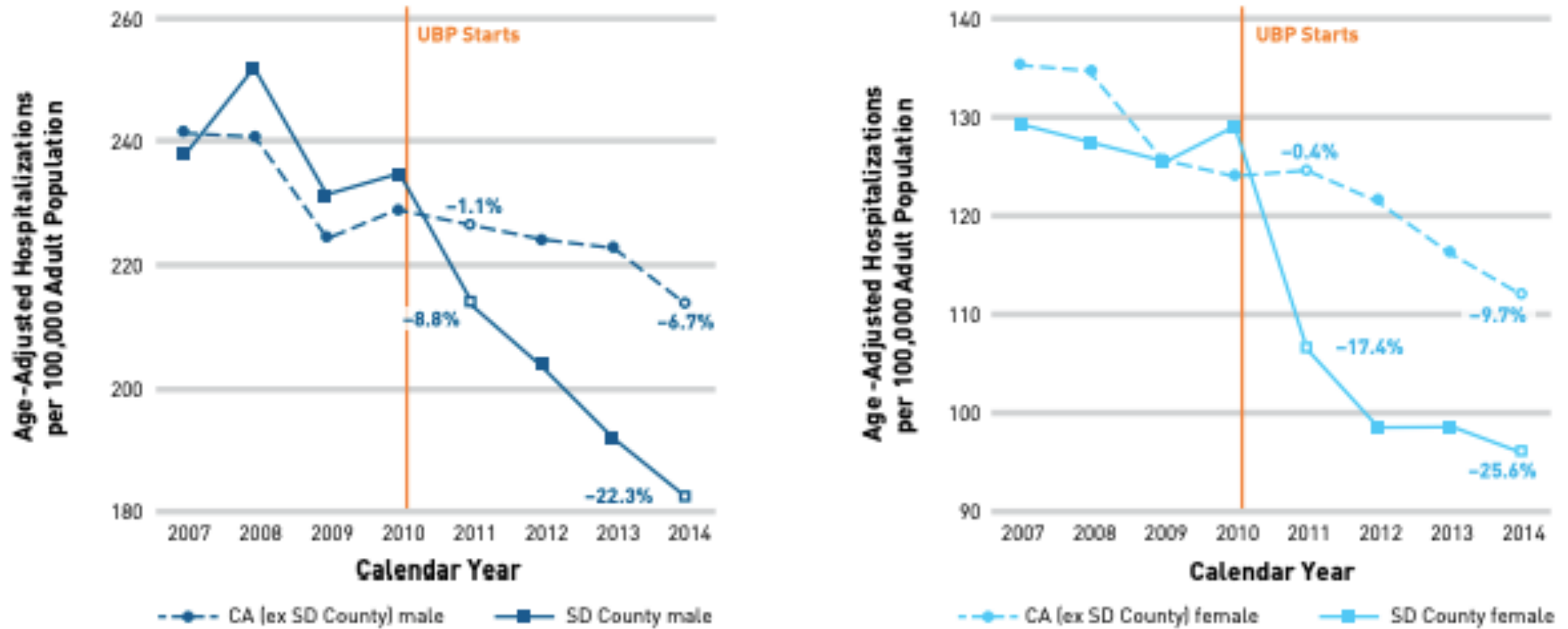
We compete against disease and not each other!



Warren Barnes, JD, M.Div.

Former Chief Lawyer, California Department of Managed Health Care;
Co-Author, Patient Bill of Rights; Minister &
Co-Founder, Right Care Initiative

FIGURE 2. Age-Adjusted Hospitalizations per 100,000 Adult Population by Gender for Heart Attacks in California, 2007 to 2014*

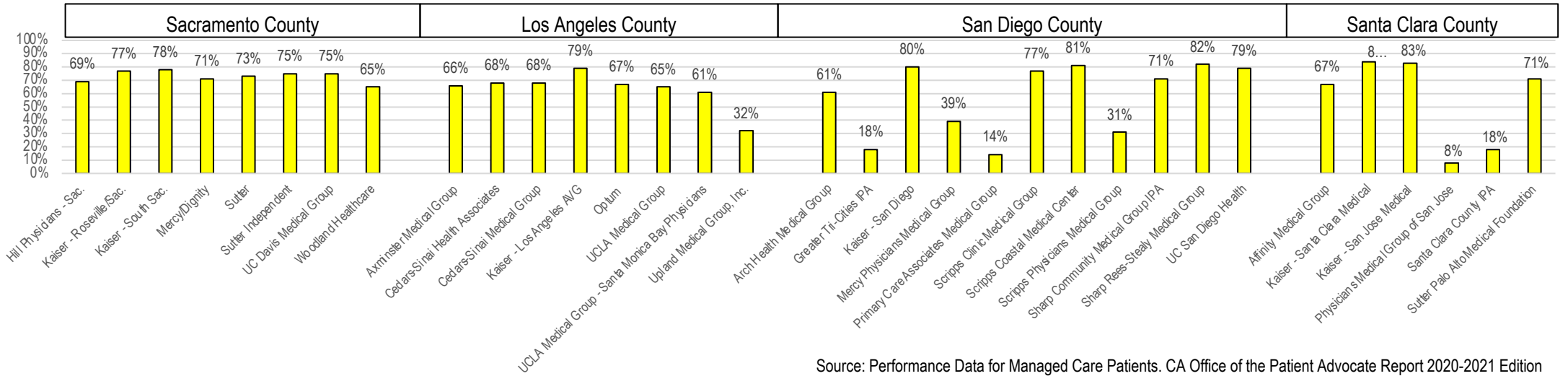


CA (ex SD County) indicates California excluding San Diego County; SD County, San Diego County; UBP: University of Best Practices.

*UBP started in February 2011 just after the 2010 data points. Percentages are percent changes since 2010. Principal discharge diagnosis codes from the *International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM)* were used for heart attacks [ICD-9-CM code 410].

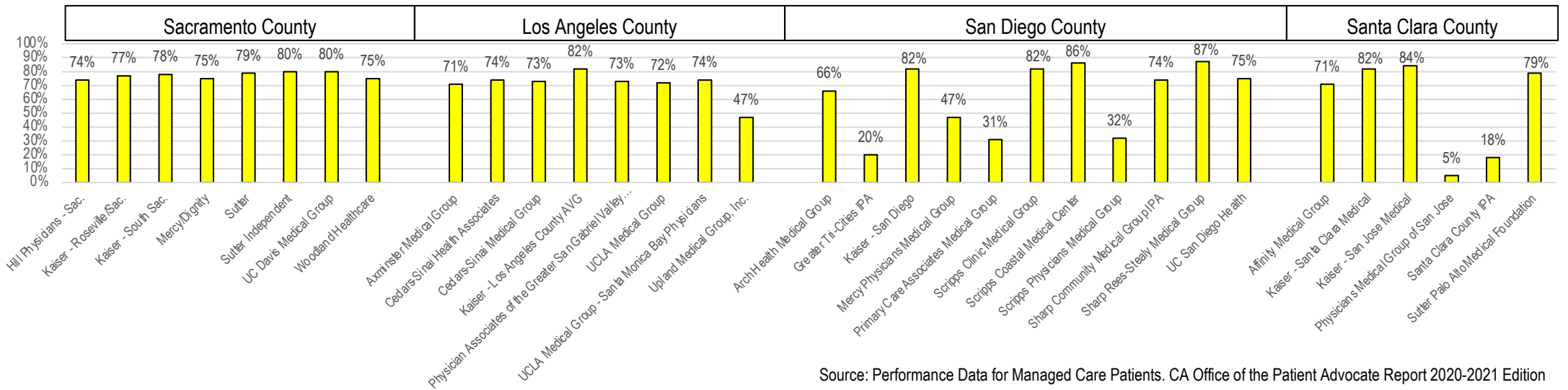
Source: Authors' analysis of California Office of Statewide Health Planning and Development's 2007 to 2014 Patient Discharge Data.

Performance in Right Care CA Counties for Blood Pressure (BP) Control at <140/90 mmHg (Performance Year 2019)



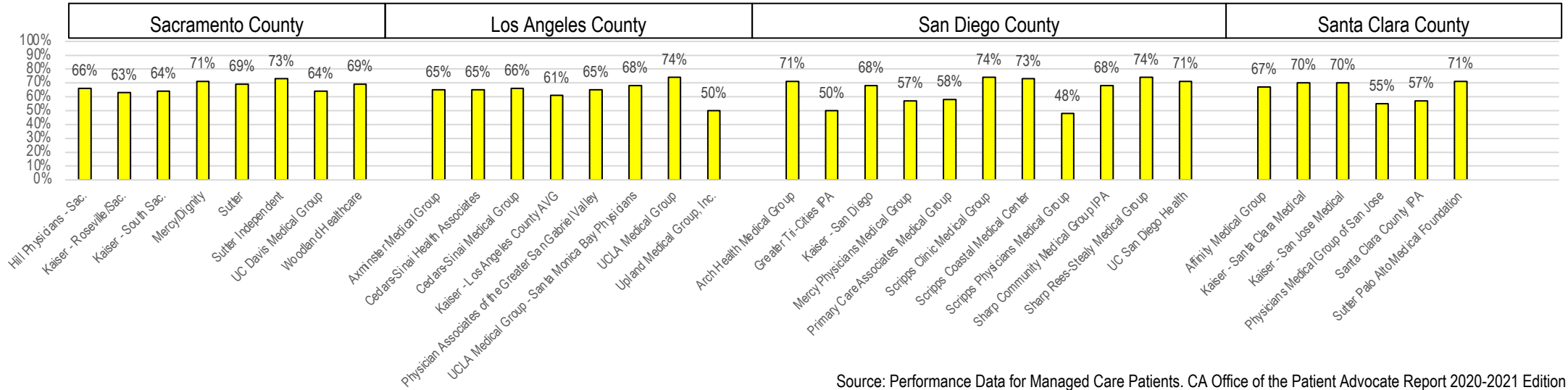
Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition

Performance in Right Care CA Counties for BP Control at <140/90 mmHg for people with Diabetes (Performance Year 2019)



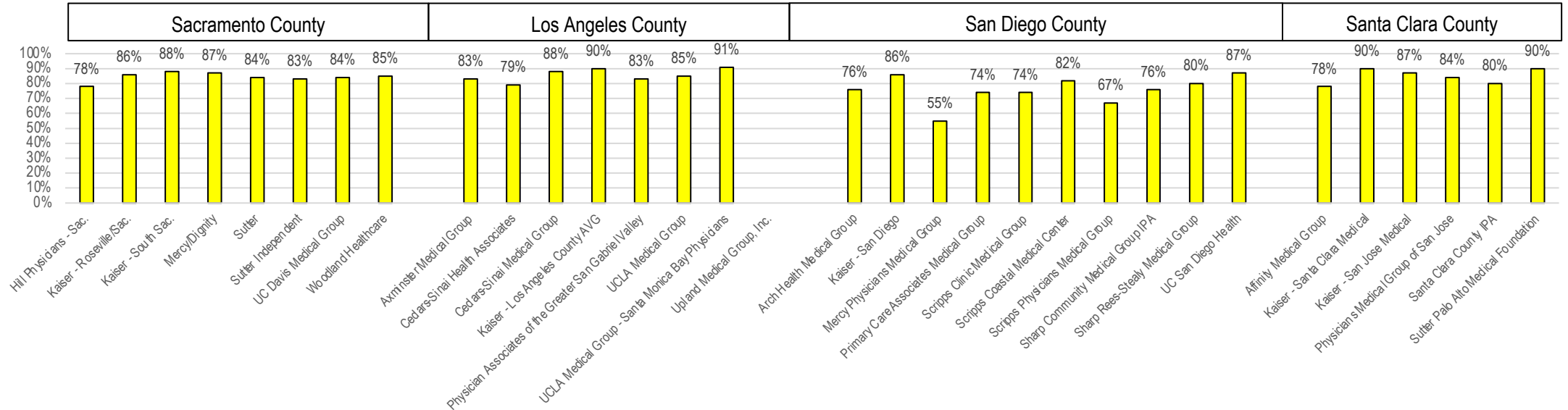
Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition

Performance in Right Care CA Counties for Blood Sugar Control at HbA1c < 8 for people with Diabetes (Performance Year 2019)



Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition

Performance in Right Care CA Counties for Prescribing Statins to people with Heart Disease (Performance Year 2019)

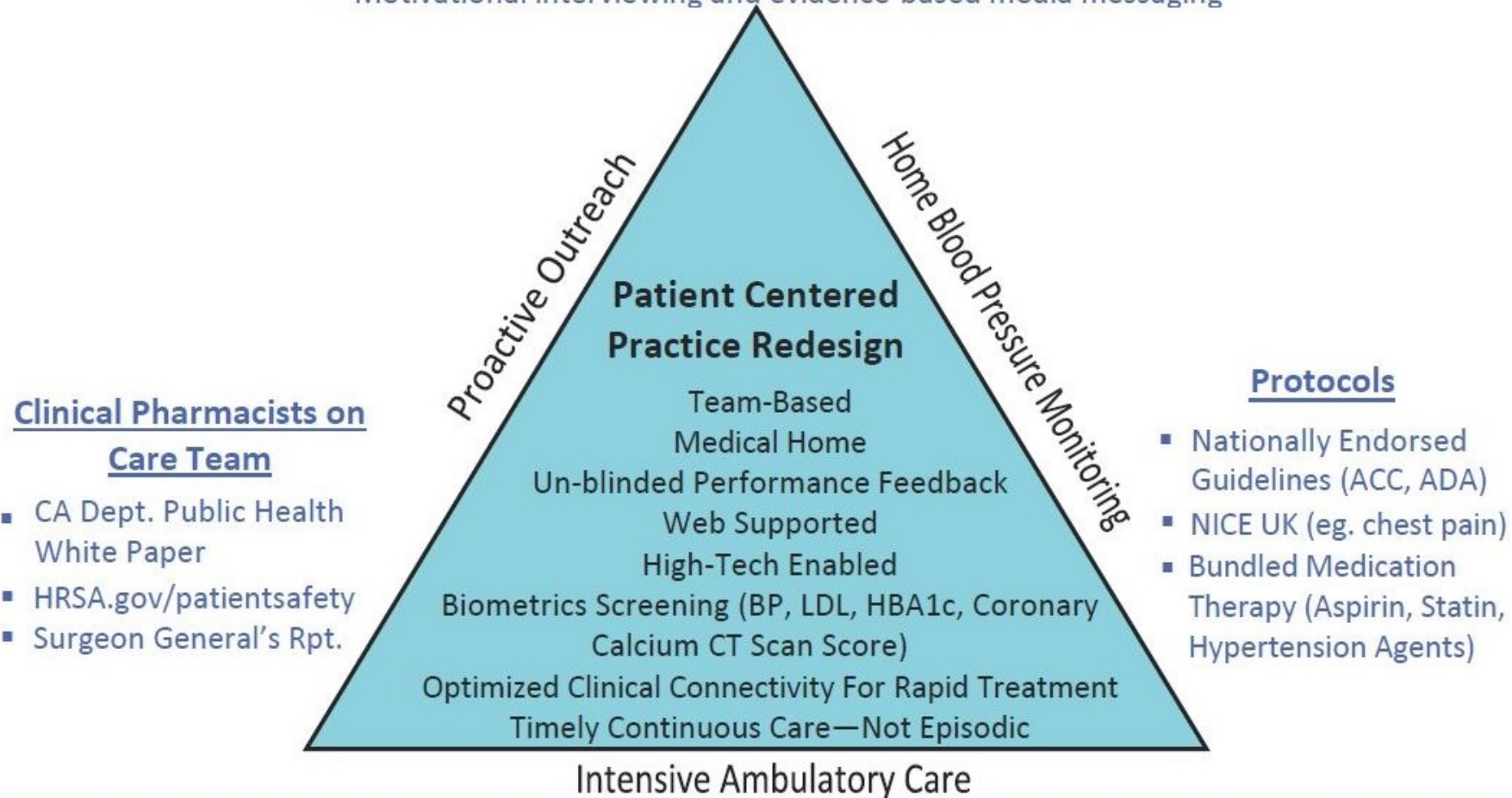


Source: Performance Data for Managed Care Patients. CA Office of the Patient Advocate Report 2020-2021 Edition

Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
 - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
 - Motivational interviewing and evidence-based media messaging





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Right Care Initiative Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80 % in good control, or "A Grade" (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater.

Priority Targets:

- + 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg**
 - o (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA)**
- + 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8**
- + 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)**
- + Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support**