

CVD Prevention In People With Diabetes

For ALL people with diabetes (in order of priority)

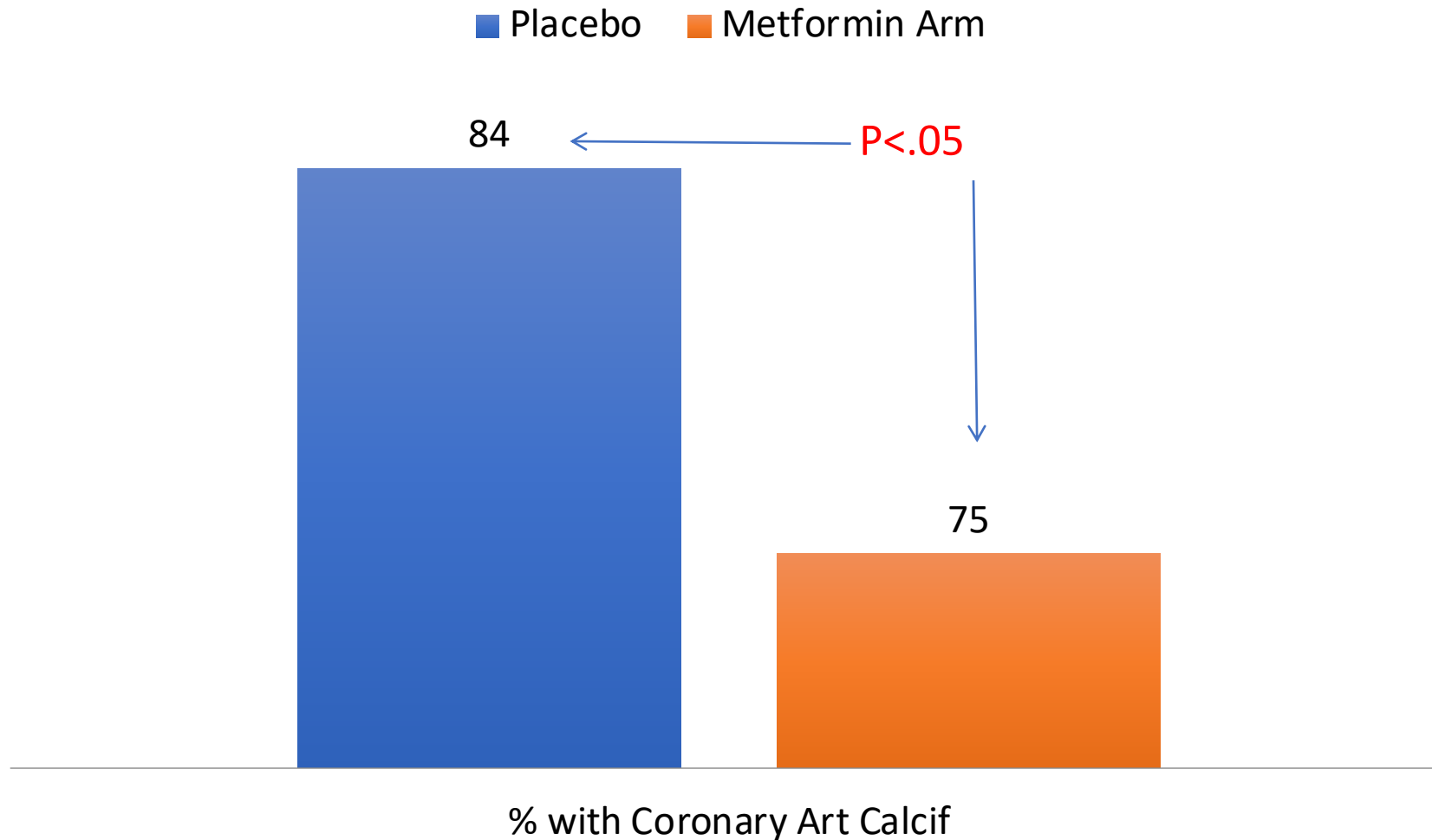
- Lipid Agents: >40yo -any statin
 - >50 or high CVD risk, Rosuva- or Atorvastatin mod or hi dose
- Antihypertensive agents: ACE/ARB or CCB or diuretic, & add until <130/80
- Aspirin: 7% cvd decrease, 7% bleed, Pt Pref. Polypill success only with ASA*
- Glycemic control agents: Metformin first.

If CVD with DM:

- Consider adding one of the new “tide floz-in” drugs
 - If either CHF or renal disease, “flozin” SGLT2 renal inhibitors
 - [empagli- \(Jardiance®\)](#), [cana- \(Invokana®\)](#), or [dapagliflozin \(Farxiga®\)](#) and
 - If neither, & if wt loss is important the “tide” incretin mimetics
 - [Exena-](#) (Byetta) , [liraglu-](#) (Victoza), [semaglutide](#) (Ozempic)

Metformin Benefits:

At 14 yr f/u In Males: Less Coronary Artery Calcification in The Metformin Arm Only*



*But Not Lifestyle or placebo Arms.