



Right Care Initiative Virtual University of Best Practices March 30, 2021, 4:00 to 6:00 p.m. PST

Right Care Initiative Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80 % in good control, or "A Grade" (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater.

Priority Targets:

- ✦ 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg***
 - (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA)*
- ✦ 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8***
- ✦ 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)***
- ✦ Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support***

***At all Right Care Initiative gatherings, we follow the Warren Barnes' Principle:
We compete against disease and not each other.***

4:00 – 4:10 p.m.

Welcome and Introductions

Robert Kaplan, PhD – Research Director, Clinical Excellence Research Center, Stanford University; Former Chief Science Officer US HHS AHRQ; Former Associate Director, National Institutes of Health; Co-founder and leader, Right Care Initiative Technical Expert Group

Eveline Stock, MD – Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Assistant Prof., Cardiology, School of Medicine, University of California, San Francisco; Cardiologist, Cardiovascular Care & Prevention Center, UCSF

Nirali Vora, MD – Co-Chair, Right Care Initiative Bay Area Silicon Valley University of Best Practices; Clinical Associate Professor, Neurology, Stanford Stroke Center; Director, Global Health Neurology; Program Director, Adult Neurology Residency

Edward M. Yu, MD, CMQ, CPPS, CPE – Chief Quality Officer, Palo Alto Medical Foundation; Co-Chair, Right Care Initiative Bay Area Silicon Valley University of Best Practices

Hattie Rees Hanley, MPP – Director & Co-Founder, Right Care Initiative, Center for Healthcare Organizational & Innovation Research, UCB School of Public Health; Founding Member, CDC Hypertension Roundtable

4:10 – 5:05 p.m.

(Q&A included)

A Cardiologist's Perspective on Lifestyle Medicine

Catherine Collings, MD, FACC, MS, DipABLM – President, American College of Lifestyle Medicine; Director, Lifestyle Medicine, Silicon Valley Medical Development; Director, Lifestyle Medicine, El Camino Health Medical Network

5:05 – 6:00 p.m.

(Q&A included)

An Endocrinologist's Perspective on Obesity, Pre-Diabetes and Diabetes in the Covid Era

Ken Fujioka, M.D. – Director, Scripps Clinic Nutrition and Metabolic Research Center; President Elect, National Board of Physician Nutrition Specialists; Former Director, Center for Weight Management

6:00 – 6:30 p.m.

Continued Discussion and Networking (Optional Opportunity for all to turn cameras and microphones on to continue the discussion)

Oliver Brooks, MD – Co-Chair COVID-19 Vaccination Allocation Task Force; Co-Chair, Right Care Initiative Los Angeles University of Best Practices; Medical Director, Watts Healthcare; Immediate Past President, National Medical Association; Chief Medical Officer, L.A. Care Health Plan; Chairman, Community Clinic Association of Los Angeles County

Steven Chen, PharmD, FASHP, FCSHP, FNAP – Co-Chair, Right Care Initiative Los Angeles University of Best Practices; Associate Dean for Clinical Affairs; William A. and Josephine A. Heeres Chair in Community Pharmacy; Associate Professor of Clinical Pharmacy, University of Southern California

Keith Emmons, MD – Medical Director, CenCal Health Plan of Santa Barbara; Co-Chair, Right Care Heart Failure Work Group

Scott Flinn, MD – Co-Founder, Right Care Initiative University of Best Practices; Regional Medical Director, Blue Shield of California; Former US Navy Undersea Medical Officer with the Navy Seals

Susan L. Ivey, MD, MHSA – Co-Chair, Right Care Initiative Capital Region University of Best Practices; Professor, Adjunct, School of Public Health, UC Berkeley; Director of Research, Health Research for Action

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