



## **Joseph Sky, MD, FACP, FACC**

**Co-Chair, Right Care Initiative University of Best Practices; Chief of Preventive Cardiology, Associate Chief of Staff, David Grant Medical Center, US Air Force**

Joseph Sky, MD, is the Chief of Cardiology and Medical Director of the Heart, Lung and, Vascular Center at David Grant USAF Medical Center serving veterans, active duty military, and their families at Travis Air Force Base. Dr. Joseph Sky was raised in a community closely connected to one of the Blue Zones areas and is currently an active speaker for the Loma Linda Project. Dr. Sky received his bachelor of science from Pacific Union College and his medical degree from Loma Linda University (1999). He completed his training in internal medicine and cardiology in the US Air Force. Prior to becoming a cardiologist, Dr. Sky served as a Flight Medicine Physician and later Chief of the Internal Medicine Branch of the US Air Force School of Aerospace Medicine where he monitored and kept our nation's pilots and those of allied air forces healthy and fit for duty. He is a specialist in integrating modern medical treatments with evidence-based preventive medicine to safely allow military pilots, unmanned aircraft operators, and commercial pilots with cardiovascular disease to continue flying. While Dr. Sky fully embraces western medicine, his enjoyment is finding patients willing to use diet and lifestyle as medicine. He returned from a tour of duty in Iraq in 2018 and is excited to be practicing at a time when science shows the proven value of complementary preventive cardiology.