

# Welcome to the Right Care Initiative Virtual University of Best Practices

- Meeting starts promptly at 12:00 PM
- Session is currently being recorded
- All participants are muted
- Please submit questions using the Q&A tab - bottom center of screen
- Speakers will be prompted with a bell/chime to help keep the meeting on schedule
- Please see [rightcare.berkeley.edu](http://rightcare.berkeley.edu) for slides and reference materials.
- **Introductory Chat Question:**  
Please use the chat box to answer the question: **“What are you thankful for today?”**

Thank You to Our Right Care Initiative Supporters!



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# CME Credits

To claim CME, please fill out this survey: <https://www.surveymonkey.com/r/11920CME>

Please complete by midnight tonight, 11/9. CME certificates are created on a quarterly basis. Certificates for October through December 2020 will be available in January 2021.

At all Right Care Initiative gatherings, we follow the Warren Barnes Principle:

*We compete against disease and not each other!*



**Warren Barnes, JD, M.Div.**

Former Chief Lawyer, California Department of Managed Health Care;  
Co-Author, Patient Bill of Rights; Minister &  
Co-Founder, Right Care Initiative



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**Today's Meeting Starts at 12:00 p.m. Upcoming Virtual University of Best Practices:**

**November 24, 2020  
4:00PM – 6:00PM**

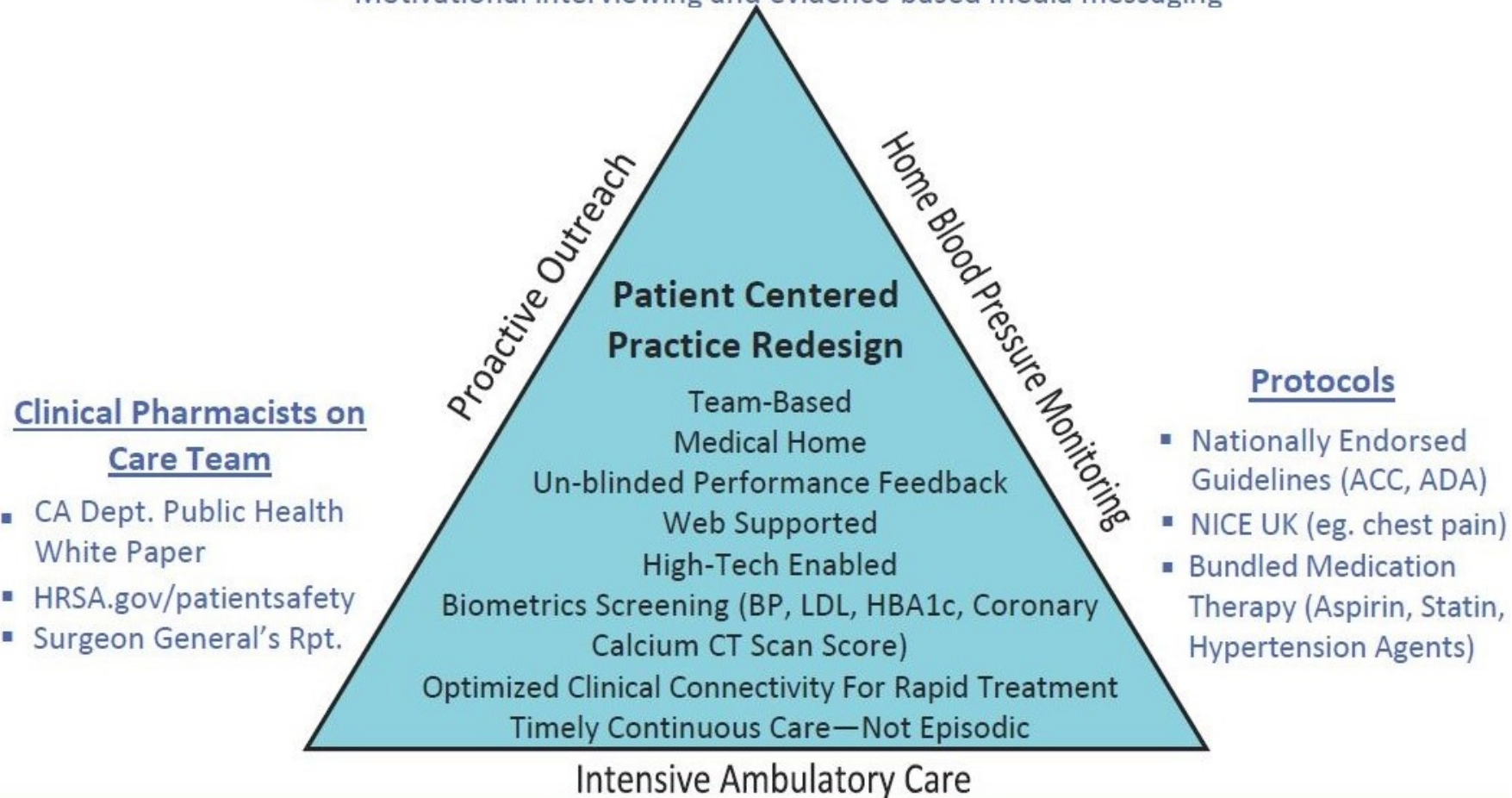
***Stroke: CDPH and UCLA, + Stroke Awareness Foundation***

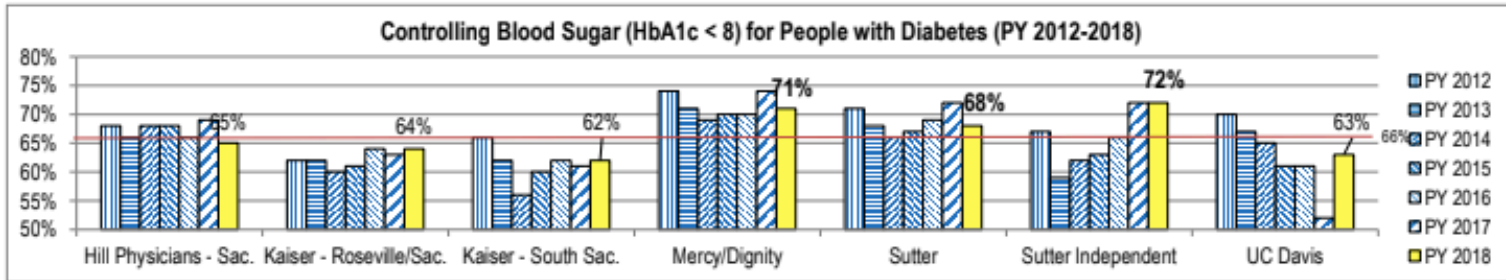
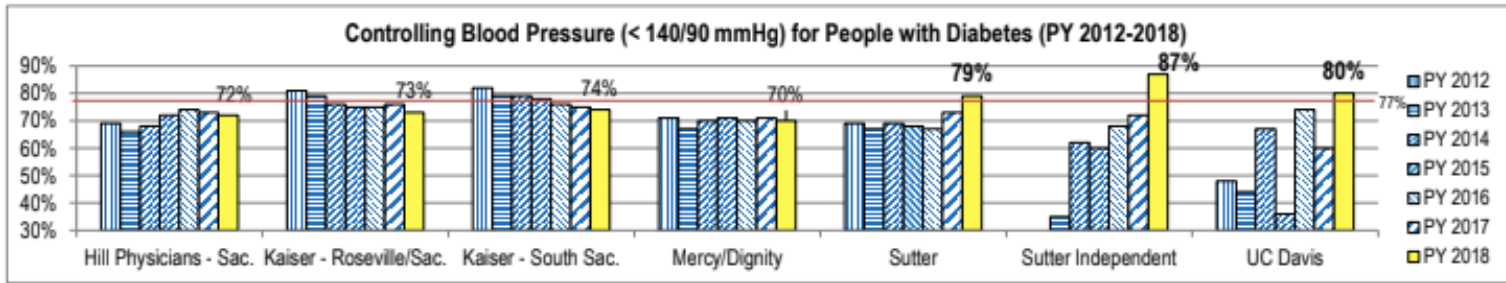
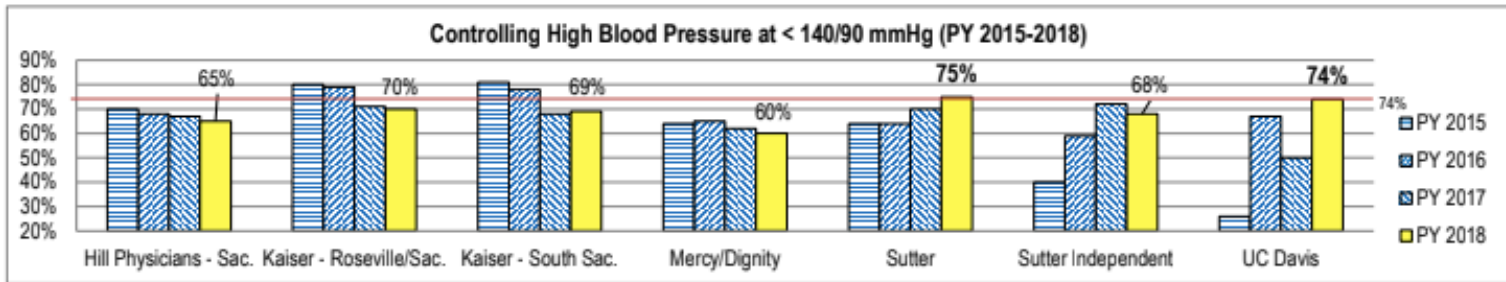
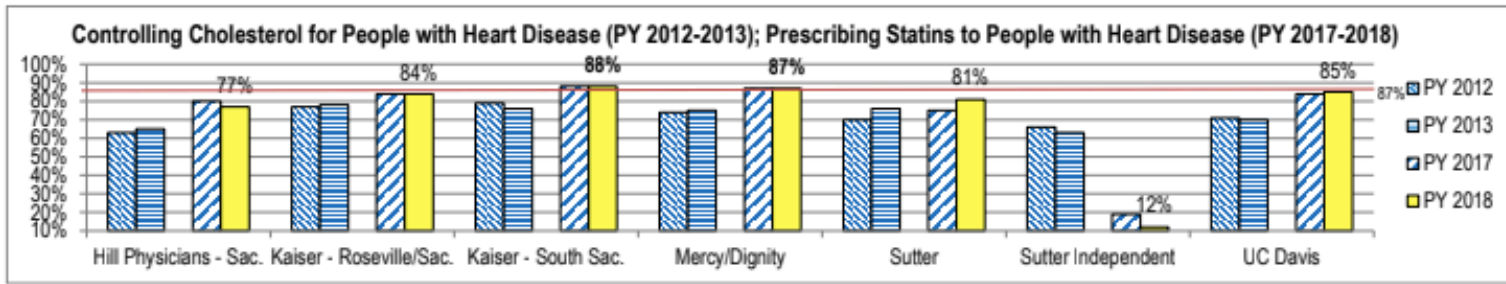
**Jeffrey L. Saver, MD, FAHA, FAAN, FANA** – Senior Associate Vice Chair for Clinical Research, Dept. of Neurology, Director, UCLA Comprehensive Stroke and Vascular Neurology Program

# Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

## Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
  - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
  - Motivational interviewing and evidence-based media messaging





a) PY = Performance Year  
 b) Red Line marks 90th Percentile Performance

Source: Performance data for managed care patients, CA Office of the Patient Advocate Report