

## Welcome to the Right Care Initiative Virtual University of Best Practices

### CME Instructions:

- To collect CME, please submit your information via this 4-question online survey **by the end of the day tomorrow (9/15).**

<https://www.surveymonkey.com/r/91420>

- CME certificates are processed and can be requested on a quarterly basis. Certificates for July-September 2020 will be available mid-October 2020.

## Welcome to the Right Care Initiative Virtual University of Best Practices

- The meeting will start promptly at 12:00 PM
- This session is currently being recorded.
- We currently have all participants muted.
- Please submit your question using the Q&A tab on the bottom of your screen.
- Please note, our speakers will be prompted with a bell/chime to help keep the meeting on schedule.
- **Introductory Chat Question:**
- Please use the chat box to answer the question: “What are you grateful for today?”

Thank You to Our Right Care Initiative Supporters!



Berkeley Public Health

CHOIR CENTER FOR COMMUNITY ORGANSIZATION RESEARCH



***Right Care Initiative Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach***

*Achieve 80 % in good control, or “A Grade” (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater:*

***Priority Targets:***

- + 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/A~~PhA~~/ASH/ASPC/NMA/PCNA)***
- + 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c < 8***
- + 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C < 100mg/dL. Or for very high risk ASCVD, LDL-C < 70mg/dL or lower)***
- + Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support***

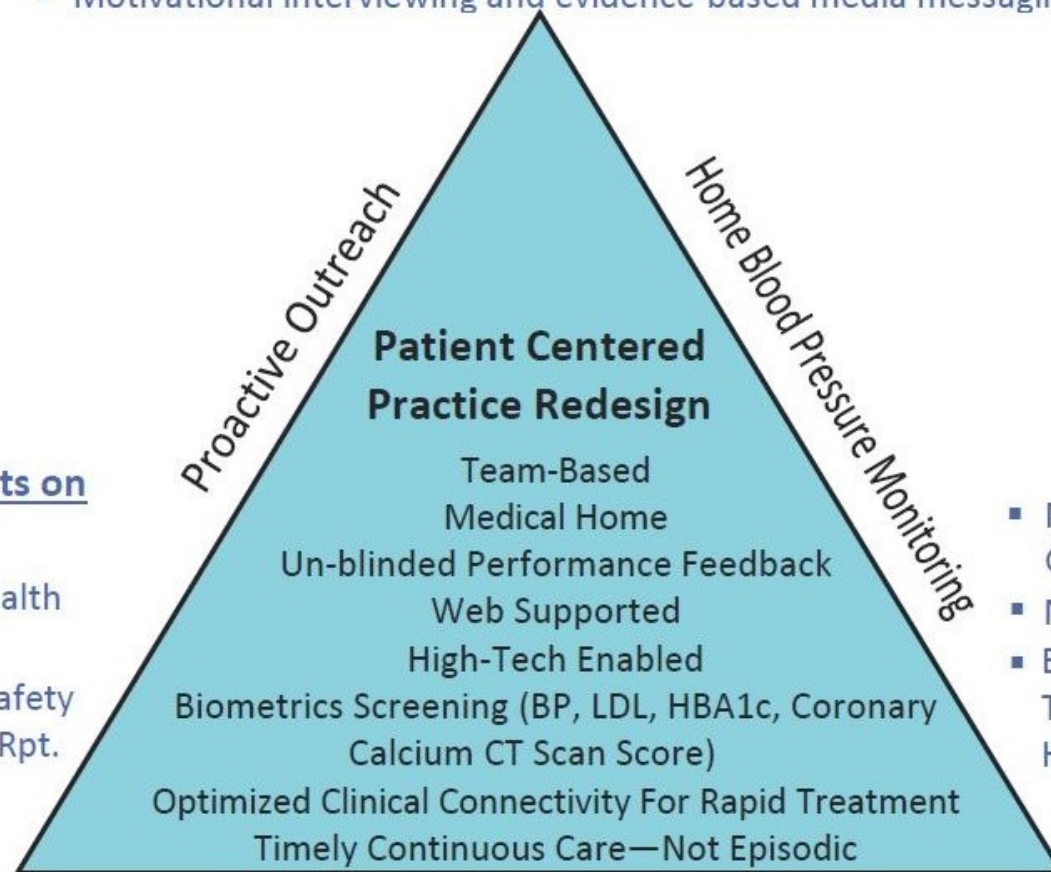
# Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

## Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
  - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
  - Motivational interviewing and evidence-based media messaging

## Clinical Pharmacists on Care Team

- CA Dept. Public Health White Paper
- HRSA.gov/patientsafety
- Surgeon General's Rpt.



Intensive Ambulatory Care

## Protocols

- Nationally Endorsed Guidelines (ACC, ADA)
- NICE UK (eg. chest pain)
- Bundled Medication Therapy (Aspirin, Statin, Hypertension Agents)