

Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
 - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
 - Motivational interviewing and evidence-based media messaging

Proactive Outreach

Home Blood Pressure Monitoring

Patient Centered Practice Redesign

Team-Based
Medical Home

Un-blinded Performance Feedback
Web Supported

High-Tech Enabled

Biometrics Screening (BP, LDL, HBA1c, Coronary Calcium CT Scan Score)

Optimized Clinical Connectivity For Rapid Treatment
Timely Continuous Care—Not Episodic

Intensive Ambulatory Care

Clinical Pharmacists on Care Team

- CA Dept. Public Health White Paper
- HRSA.gov/patientsafety
- Surgeon General's Rpt.

Protocols

- Nationally Endorsed Guidelines (ACC, ADA)
- NICE UK (eg. chest pain)
- Bundled Medication Therapy (Aspirin, Statin, Hypertension Agents)