Welcome to the Right Care Virtual University of Best Practices

- The meeting will start promptly at 12:00PM
- This session is currently being recorded.
- We currently have all participants muted.
- Please submit your question using Q&A box. Please submit comments to the chat box.
- There are 2 hours of CME available for meeting attendees.
12:00 to 12:05 p.m.

**Welcome, Introductions, and Chairpersons’ Remarks**

**Carol Zaher, MD, MPH, MBA**, Los Angeles UBP Co-Chair, Right Care Initiative; Medical Director, HealthNet California Medical Management, Centene

**Steve Chen, PharmD, FASHP, FCSHP, FNAP**, UBP Co-Chair, Right Care Initiative; Associate Dean for Clinical Affairs; William A. and Josephine A. Heeres Chair in Community Pharmacy; Associate Professor of Clinical Pharmacy, University of Southern California

**Tony Kuo, MD, MSHS**, UBP Co-Chair, Right Care Initiative, Director, Chronic Disease and Injury Prevention, Los Angeles County Department of Public Health; Co-Program Leader, Population Health Program, UCLA Clinical and Translational Institute

**Carol Peden, MB ChB, MD, FRCA, FFICM, FFMLM, MPH**, Los Angeles UBP Co-Chair, Right Care Initiative; Executive Director, USC Center for Health System Innovation, Keck School of Medicine, USC

**Chloe Bird, PhD, MA**, Co-Chair, Right Care Initiative University of Best Practices—Los Angeles; Senior Social Scientist, RAND Corporation

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**Right Care Initiative Statewide Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach**

Achieve 80% in good control, or “A Grade” (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater.

**Priorities:**
- 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/ABC/ACPM/AGS/APH/ASH/ASPC/NMA/PCNA)
- 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8
- 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL)
- Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support

Agenda continues on next slide
12:05-12:10 p.m.  
**Statewide Right Care Initiative Updates**

*Hattie Rees Hanley, MPP*, Co-founder and Director, Right Care Initiative, Center for Healthcare Organizational and Innovation Research, University of California, Berkeley School of Public Health

12:10-12:15 p.m.  
**Introduction of Health Care Partners Team (Introduction by LA UBP Co-Chair Steve Chen)**

12:15 to 1:00 p.m.  
**Home Blood Pressure Monitoring and Telemonitoring to Improve Hypertension Control**  
*(includes 5 min Q&A)*

*Karen Margolis, MD, MPH*, Executive Director of Research, HealthPartners Institute, Minneapolis, MN; Senior Medical Director, HealthPartners; Professor of Medicine, University of Minnesota Medical School, Minneapolis; Adjunct Appointment, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota  
*Dan Rehrauer, PharmD*, Senior Manager, HealthPartners Medication Therapy Management Program, HealthPartners Institute, Minneapolis, MN; Clinical Associate Professor, University of Minnesota

1:00 to 1:45 p.m.  
**Women’s Cardiology (Introduction by LA UBP Co-Chair Chloe Bird)**  
*(includes 5 min Q&A)*

*Tamara Horwich, MD, MS*, Associate Clinical Professor of Cardiovascular Medicine, UCLA; Medical Director, UCLA Cardiac Rehabilitation Program; Co-Director, UCLA Women's Cardiovascular Center Ahmanson-UCLA Cardiomyopathy Center

1:45 to 2:00 p.m.  
**Mother-Daughter Patient Story: Riya Pulicharam, MD**, National Director of Population Health, Healthcare Partners

2:00 to 2:30 p.m.  
**Q&A, Perspectives from USC and LA County Dept of Public Health, and Open Discussion**

2:30 p.m.  
**Chairwoman Zaher’s Closing Remarks**
Dr. Carol Zaher is a cardiologist and Medical Director of Health Net of California. She was Chief of Cardiology and Director of Electrophysiology at Kaiser Permanente Southern California and subsequently worked as a health care consultant in disease management, clinical guideline and policy development, international health care, strategic product marketing, and medical education. She completed Medical School and an Internal Medicine Residency at the University of Pennsylvania and a Cardiology and Electrophysiology Fellowship at Cedars Sinai Medical Center. She obtained a Master’s degree in Business Administration from Pepperdine University and Masters in Public Health from UCLA.
Hattie Rees Hanley, MPP

Director and Co-Founder, Right Care Initiative, UC Berkeley School of Public Health, Center for Healthcare Organizational and Innovation Research

Ms. Hanley co-founded the Right Care Initiative in 2007 with the Deans of the University of California, Berkeley and UCLA’s Schools of Public Health, clinical experts, and State of California leadership to improve patient outcomes in high yield areas for preventing disability and death, where the science is clear, but the uptake is uneven. The Right Care Initiative is a public-private, charitably-funded collaborative effort that has thus far worked in the areas of prevention and better management of Hospital Acquired Infections (HAI), heart attacks, strokes, diabetes and heart failure. Ms. Hanley has directed the initiative since its inception, in close collaboration with leading experts in the field. The hallmark of her public policy career is bridging across the disparate arenas of business, government, health care delivery, science and academia. Ms. Hanley received her Master’s degree in Public Policy from Harvard University’s John F. Kennedy School of Government, after studying health economics and pre-medical coursework at UC Davis. Since that time, she has applied her background in science and public policy in the areas of clinical quality improvement, public health preparedness and improving laws to protect patients. She was instrumental in the negotiations and passage of the set of California laws known as the Patient Bill of Rights, which includes the right to a Second Medical Opinion and Independent Medical Review. The Right Care Initiative is a program within the UC Berkeley School of Public Health’s Center for Health Organizational and Innovation Research (CHOIR). Ms. Hanley has been invited by the Centers of Disease Control and Prevention to be a founding member of the National Hypertension Roundtable.
Steve Chen, PharmD, FASHP, FCSHP, FNAP

In addition to his roles as professor and dean, Dr. Chen is part of a team of USC faculty directing $12 million grant-funded research, evaluating the impact of pharmacist-managed patient care services for underserved populations. Dr. Chen actively partners with the state of CA Department of Public Health in evolving the state laws and regulations on the practice of pharmacy. His current clinical practice role includes the supervision of clinical and consultative pharmacy services to 19 safety net community clinics in Southern California. At these clinics, Dr. Chen oversees teams of clinical pharmacists, pharmacy residents, pharmacy students and pharmacy techs. Prior to joining the USC faculty in 1998, Dr. Chen provided administrative and clinical services to Cedars-Sinai Medical Group (CSMG) in Beverly Hills and served as a Faculty-in-Residence at Cedars Sinai Medical Center. From 1994-1998, Dr. Chen served as Clinical and Residency Coordinator at the VA Outpatient Clinic in Los Angeles. Prior to that, he helped develop the Ambulatory Care and Education Program at Sepulveda VA Medical Center also in Los Angeles. Dr. Chen’s responsibilities include the provision of disease management and consultative services and coordination of clerkship students at several safety net clinics. Pharmacist-run disease management services provided include asthma, dyslipidemia, diabetes, hypertension, and heart failure. His lecture topics for the School of Pharmacy and postgraduate education include asthma/chronic obstructive pulmonary disease, arthritis, dyslipidemia, and other cardiovascular diseases. Chen received an honorary fellowship of the California Society of Health-System Pharmacists in 2000 and an honorary fellowship of the American Society of Health-System Pharmacists (ASHP) in 2001. He received the Best Practices Award from ASHP in 2002, and has NABP certification in dyslipidemia and asthma management. Dr. Chen has received 7 teaching awards from USC students and residents. In 2013, Dr. Chen was awarded the American Pharmacists Association Foundation Pinnacle Award for Individual Achievement.
Karen Margolis, M.D., M.P.H. is a board-certified general internist. She joined HealthPartners in 2005 as a Senior Investigator, and was appointed as Executive Director of Research in 2017. Dr. Margolis is a Professor of Medicine at the University of Minnesota Medical School, with an adjunct appointment in the School of Public Health’s Division of Epidemiology and Community Health. Her research interests are in the areas of hypertension, prevention of cardiovascular disease, and women’s health. She has served in leadership positions in many large multi-center, federally funded initiatives and trials, including ALLHAT (Antihypertensive and Lipid-Lowering Treatment to Prevent Heart Attack Trial), the Women’s Health Initiative, ACCORD (Action to Control Cardiovascular Risks in Diabetes), and the ongoing ASPREE (Aspirin in Reducing Events in the Elderly) and Vitamin D and type 2 diabetes (D2d) studies. She is the Principal Investigator for Hyperlink, a series of NIH- and PCORI-funded research projects to study methods to improve the control of hypertension using home blood pressure telemonitoring and pharmacist management.
Dan Rehrauer, Senior Manager, MTM Program and Community Pharmacy Partnerships, graduated with a PharmD degree from the University of Minnesota-College of Pharmacy. Afterwards, he completed a 2 year Pharmaceutical Care and Leadership Residency where in his second year he established comprehensive pharmacy services at West Side Community Health Services in St. Paul, MN. In 2010, Dan transitioned to HealthPartners, the largest consumer-governed, nonprofit health care organization in the nation. His current responsibilities include management of the MTM benefit provided to HealthPartners members, oversight of the MTM program that provides care to HealthPartners and Park Nicollet Medical Group clinic patients, managing pay for performance initiatives with community pharmacy partners, and directing HealthPartners Managed Care Residency Program. In addition to his responsibilities at HealthPartners, Dan is active with the Pharmacy Quality Alliance and currently serves as a co-chair of the Quality Metrics Expert Panel.
Chloe E. Bird is a senior social scientist at the RAND Corporation, where she studies women's health and determinants of gender differences in health and health care. She is also a member of the Pardee RAND Graduate School faculty. She recently served as editor-in-chief of the journal Women's Health Issues, where she is now associate editor. Her recent work includes a study assessing and mapping gender disparities in quality of care for cardiovascular disease and diabetes, among VA patients in California and Texas, and NIH-funded research on the impact of neighborhoods and behaviors on allostatic load, morbidity, and mortality. Bird is working to build a donor-funded Women's Heart Health Research and Policy Center at RAND to improve women's heart health by addressing deficits in women's health and health care. Bird received her Ph.D. in sociology from the University of Illinois at Urbana-Champaign.
Tamara Horwich, MD, MS

Co-Director, UCLA Women’s Cardiovascular Center, Ahmanson-UCLA Cardiomyopathy Center; Associate Clinical Professor of Cardiovascular Medicine, UCLA; Medical Director, UCLA Cardiac Rehabilitation Program

Tamara Horwich, MD, MS is an attending cardiologist and Health Sciences Associate Clinical Professor of Medicine/Cardiology at the David Geffen School of Medicine at UCLA. She is Medical Director of UCLA’s Cardiac Rehabilitation Program, including the Dr. Dean Ornish Comprehensive Lifestyle Program for Reversing Heart Disease, Co-Director of the UCLA Women’s Cardiovascular Health Center, and an active member of the Ahmanson-UCLA Cardiomyopathy Center. Dr. Horwich’s clinical interests include treating and preventing heart disease in women, cardiac rehabilitation, treating patients with heart failure, and performing and interpreting echocardiograms. Dr. Horwich’s main research interests include studying obesity, body composition and cardiovascular disease, as well as risk factors and novel therapies for patients with heart disease, with a focus on women. She has been a grant recipient from the National Institutes of Health, the Heart Failure Society of America, as well as the Iris Cantor Women’s Center at UCLA. Dr. Horwich is a Fellow of the American College of Cardiology and American Heart Association and has helped draft national guidelines on management of heart failure.
Riya Pulicharam, MD
National Medical Director for Population Health, Healthcare Partners

Riya Pulicharam, MD, is a pediatrician by training, and is currently the National Medical Director of Population Health Management & Clinical Outcomes for HealthCare Partners, a DaVita Medical Group, based in El Segundo, California. In her current role she oversees the national Population Health Department for HealthCare Partners Medical Group. She founded the Clinical Research & HEOR and disease management departments, for HCP in 2003. She also pioneered the initial design and workflow of the Disease Management and Clinical Outcomes programs in 2003. Riya is a certified clinical trials investigator and has been featured in numerous publications. She has led over 500 research studies over 18 years of her career. Dr. Pulicharam has participated in industry advisory boards overseeing drug development and regulatory affairs, as well as designing phase 1 through 4 trials for major pharmaceutical companies. She also lectures at the USC School of Pharmacy and is a subject matter expert in integrative medicine and Population Health. Riya attended medical school at the Medical University of Debrecen and completed her pediatric residency. Dr. Pulicharam was a research fellow at the Department of Obstetrics and Gynecology at Harbor UCLA Medical Center prior to joining HealthCare Partners in 2002.
Dr. Carol Peden MB ChB, MD, FRCA, FFICM, MPH is a Professor of Anesthesiology and Executive Director of the Center for Health System Innovation at University of Southern California. Previously she was a Consultant in Anesthesia and Intensive Care at the Royal United Hospitals, Bath, UK and Associate Medical Director for Clinical Quality for NHS England. Carol gained her quality improvement expertise as a Fellow at the Institute for Healthcare Improvement (IHI) and has helped design and lead quality improvement projects around the world, including the UK, Scandinavia and the Middle East. Her research interests include improving clinical outcomes, preoperative medicine and patient safety. Recent awards include the 2016 Ellis Gillespie Professor of the Australia and New Zealand College of Anesthetists, the 2014 Royal College of Anesthetists Macintosh Professorship and the Harvard T. Chan School of Public Health Alumni of the Year Award 2016 for Innovation in Public Health.
Tony Kuo, M.D., M.S.H.S. directs the Division of Chronic Disease and Injury Prevention in the Los Angeles County Department of Public Health. He also serves as the Director of the Office of Senior Health for the County of Los Angeles. Dr. Kuo has more than 15 years of clinical practice experience in continuity, urgent/emergency and homeless shelter care. His professional interests span the continuum of medicine and public health. They include undergraduate and graduate medical education; nutrition and physical activity promotion; tobacco control policy; cardiovascular health promotion; diabetes prevention; patient-centered care; and social programs that affect health.

Dr. Kuo received his Medical Degree from the University of Utah School of Medicine and his Master's in Health Services from the University of California, Los Angeles (UCLA) Fielding School of Public Health. He is boarded in Family Medicine and is a Fellow of the American Academy of Family Physicians. He has joint appointments in the UCLA Fielding School of Public Health and the David Geffen School of Medicine at UCLA. Dr. Kuo is also Co-Program Leader for the Population Health Program at the UCLA Clinical and Translational Science Institute.
Thank you for attending today’s Right Care Virtual University of Best Practices!

Our next meetings will be on June 8th and 23rd.