



Berkeley Public Health

CHOIR CENTER FOR HEALTHCARE ORGANIZATIONAL INNOVATION RESEARCH



USC University of Southern California

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RIGHT CARE INITIATIVE *Clinical Quality Improvement Leadership Collaborative*

Right Care Initiative Statewide Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80 % in good control, or "A Grade" (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater. Priorities:

- ✚ 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA)
- ✚ 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8
- ✚ 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL)
- ✚ Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support



11:30 – 11:35 a.m.

Welcome and Statewide Introductions

Hattie Rees Hanley, MPP - Director and Co-founder, Right Care Initiative, Center for Healthcare Organizational and Innovation Research, UC Berkeley School of Public Health

11:35 – 11:55 a.m.

Cardiovascular Disease and COVID-19 Nexus Context

William J. Bommer, MD, FACP, FACC - Chairman, Right Care Initiative Capital Region; Executive Committee, American College of Cardiology, CA Chapter; Division of Cardiovascular Medicine, UC Davis

Joseph Sky, MD, FACP, FACC - Co-Chair, Right Care Initiative Capital Region; Chief of Cardiology, Medical Director, Metabolic Clinic and Heart, Lung and Vascular Center, David Grant USAF Medical Center

Agenda continues on next slide



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11:55 a.m. – 12:55 p.m.
(Including 10 Min Q& A)

Telehealth: Bringing Patient Care into the Home

Earl Tso, MD, FACP, - Medical Director, Veteran's Association Los Angeles Ambulatory Care Center; Clinical Associate Professor of Medicine, USC Keck School of Medicine

12:55 – 1:40 p.m.
(Including 5 Min Q& A)

UCSF Telepharmacy

Marylin Stebbins, PharmD, - Professor & Vice-Chair of Clinical Innovation, Department of Clinical Pharmacy, University of California, San Francisco

Rose Pavlakos, PharmD, - Program Pharmacist, Department of Clinical Pharmacy, University of California, San Francisco

1:40 – 2:15 p.m.

Mother's Day Monday Women's Heart Health Update

Susan L. Ivey, MD, MHSA, - Professor, Adjunct, School of Public Health, UC Berkeley; Director of Research, Health Research for Action

Nisha Parikh, MD, - Associate Professor of Medicine, Department of Cardiovascular Medicine, University of California, San Francisco

2:15 - 2:30 p.m.

Q & A for Speakers and Discussion of COVID-19 Care Challenges and Innovation Opportunities-Facilitated by Chairman Bommer

Mark Your Calendars: Next Virtual University of Best Practices Meeting: Thursday, May 21, 2020

Silicon Valley Bay Area Virtual University of Best Practices: May 26, 2020

Capital Region Virtual University of Best Practices: June 8, 2020

Special Meeting: Monday, August 10: CDC's Million Hearts Director, Dr. Laurence Sperling (National Perspective)



Hattie Rees Hanley, MPP

Director and Co-Founder, Right Care Initiative, UC Berkeley School of Public Health, Center for Healthcare Organizational and Innovation Research

Ms. Hanley co-founded the Right Care Initiative in 2007 with the Deans of the University of California, Berkeley and UCLA's Schools of Public Health, clinical experts, and State of California leadership to improve patient outcomes in high yield areas for preventing disability and death, where the science is clear, but the uptake is uneven. The Right Care Initiative is a public-private, charitably-funded collaborative effort that has thus far worked in the areas of prevention and better management of Hospital Acquired Infections (HAI), heart attacks, strokes, diabetes and heart failure. Ms. Hanley has directed the initiative since its inception, in close collaboration with leading experts in the field. The hallmark of her public policy career is bridging across the disparate arenas of business, government, health care delivery, science and academia. Ms. Hanley received her Master's degree in Public Policy from Harvard University's John F. Kennedy School of Government, after studying health economics and pre-medical coursework at UC Davis. Since that time, she has applied her background in science and public policy in the areas of clinical quality improvement, public health preparedness and improving laws to protect patients. She was instrumental in the negotiations and passage of the set of California laws known as the Patient Bill of Rights, which includes the right to a Second Medical Opinion and Independent Medical Review. The Right Care Initiative is a program within the UC Berkeley School of Public Health's Center for Health Organizational and Innovation Research (CHOIR). Ms. Hanley has been invited by the Centers of Disease Control and Prevention to be a founding member of the National Hypertension Roundtable.

William J. Bommer, MD, FACP, FACC

Chairman, Right Care Initiative Capital Region University of Best Practices; Executive Committee, American College of Cardiology, California Chapter; Professor, Division of Cardiovascular Medicine, University of California, Davis



Dr. Bommer's service to the American College of Cardiology includes his current role on the California Executive Committee; as well as former roles as President, Vice-President, Governor, and Member of the Board of Governors. As an accomplished UC Davis Clinical Professor of Medicine, he directs UC Davis Cardiology's Noninvasive Services; directs the Cardiology Fellowship Training Program and sees patients in the CCU. As the longest-tenured UCD Training Director, he has trained over 200 practicing cardiologists. Dr. Bommer has been the Principal Investigator or Co-Investigator of multiple NIH, NHLBI, and international research trials. He is a member of 50 international, national, state, and university education commissions and committees. Dr. Bommer founded and is a Board Member of numerous hardware and software startup companies and is an inventor or co-inventor of patents for xerography, color-flow ultrasound imaging, and contrast echocardiography. His public service includes consulting with the State of California and directs multiple programs including CA Pilot PCI (offsite) Program, CA Elective PCI (offsite) Program, and CA Cardiac Surgery and Intervention Outcomes Program. He has authored over 250 scientific publications, received over 100 Honors and Awards, presented over 1000 papers at International, National, and Statewide meetings, and coauthored California Legislation including SB 357 and SB 906. A Physics and Chemistry graduate of Cornell University, he received his medical degree from the State University of New York. He is an Honorary Lifetime Member of the British Cardiovascular Society and an accomplished marathon runner.

Earl Tso, MD, FACP

Medical Director, VA Los Angeles Ambulatory Care Center; Clinical Associate Professor of Medicine, USC Keck School of Medicine



Earl Tso, MD, FACP is the Medical Director at the VA Los Angeles Ambulatory Care Center and a Clinical Associate Professor of Medicine at the USC Keck School of Medicine. He is also a board-certified internist, and an HIV specialist at the Rand Schrader Clinic at LAC/USC Medical Center. Recently, he has helped lead multiple performance improvement projects and systems redesign, including bringing HIV rapid testing to at-risk populations, and reducing inappropriate usage as the clinical champion for a CDC-funded antibiotic stewardship program. He was recognized for his work at the VA in receiving an Award for Excellence in patient care and was nominated for the Federal Executive Board Special Presidential Award. After earning his medical degree from USC Keck School of Medicine, he completed an Internal Medicine residency at USC, and then spent a year as chief resident. His current teaching responsibilities include being the Internal Medicine residency program coordinator at the VA along with mentoring trainees from different disciplines and different stages of their careers, from high school to the postgraduate level. He has been a strong advocate for continuing education and professional development, including being the program planner and coordinator for Grand Rounds and other educational conferences.

Marilyn Stebbins, PharmD

Professor & Vice-Chair of Clinical Innovation, Department of Clinical Pharmacy, University of California, San Francisco

Marilyn Stebbins completed her Pharm.D. at UC San Francisco School of Pharmacy in 1988. After the completion of her Pharmacy Practice Residency at the UC Davis Medical Center she spent 7 years developing and implementing pharmacist-run clinics at the VA Outpatient Clinic in Sacramento. As faculty in the School of Pharmacy since 1996, Dr. Stebbins' work has focused on developing innovative practice models in the physician group practice setting. Since the passage of the Affordable Care Act and the need for more community-based providers, her goal has been to extend her work in the physician group setting and to develop innovative team-based practice models in the ambulatory and community pharmacy setting as well as in transitions of care. Her current research interests are in comprehensive medication management and the role of the pharmacist on the care team in all care settings.





Susan Ivey, MD, MHSA

Professor, Adjunct, School of Public Health, UC Berkeley; Director of Research, Health Research for Action

Dr. Ivey is an adjunct professor at University of California, Berkeley, School of Public Health, and Director of Research at Health Research for Action (a UCB affiliated research center). She teaches in the UCB-UCSF Joint Medical Program. She is a family physician with a Master's in Health Services Management and Policy. She also completed a 2-year post-doctoral research fellowship in Health Policy and Health Services Research at the University of California, Berkeley. Dr. Ivey conducts health services research including design and evaluation of health care interventions, particularly for low-income populations, recent immigrants, and Asian Americans. She is especially interested in chronic disease care across diverse groups (diabetes, heart disease, and hypertension). Dr. Ivey has written over 70 peer-reviewed publications, a book on immigrant health, and several book chapters.

Nisha Parikh, MD

Associate Professor of Medicine, Department of Cardiovascular Medicine, University of California, San Francisco

Dr. Parikh is a noninvasive cardiologist. She sees both men and women in her clinical practice, emphasizing primary and secondary cardiovascular disease prevention. She also has an interest in Women's cardiovascular diseases across the lifespan; including cardiovascular disease in pregnancy and the post partum period. Dr. Parikh is a trained cardiovascular epidemiologist and population scientist. She has added to the scientific knowledge base demonstrating which specific reproductive factors are predictors of cardiovascular disease using data from the NIH sponsored Women's Health Initiative Study and has leveraged data from the Swedish Population Registers. Her work has been supported by grants from the American Heart Association, the NIH/National Heart Lung and Blood Institute and the UCSF Preterm Birth Initiative. Dr. Parikh is the inaugural co-Chair of the UCSF Women in Cardiology Council, a group that promotes the recruitment and professional development of women in cardiology and encompasses 28 faculty and fellows at the three UCSF campuses. She has been an active volunteer for the American Heart Association (AHA) for over a decade. She currently serves on the AHA Board of Directors for the Bay Area and on the AHA Leadership Committee of the Epidemiology and Prevention Council (national level).



Thank you!

Upcoming Virtual University of Best Practices:

May 21, 2020 – 12:00-2:00pm

- Women's Cardiology – Tamara Horwich, M.D., F.A.C.C., Associate Professor of Medicine, UCLA David Geffen School of Medicine; Co-Director of the UCLA Women's Cardiovascular Center.
- Women's Heart Family Story – Riya Pulicharam, MD – National Medical Director for Population Health, Healthcare Partners
- Health Partners Minnesota – Karen Margolis, MD, MPH – Executive Director of Research, HealthPartners Institute, Minneapolis, MN; Dan Rehrauer, PharmD, Senior Manager, HealthPartners Medication Therapy Management Program, HealthPartners Institute, Minneapolis, MN

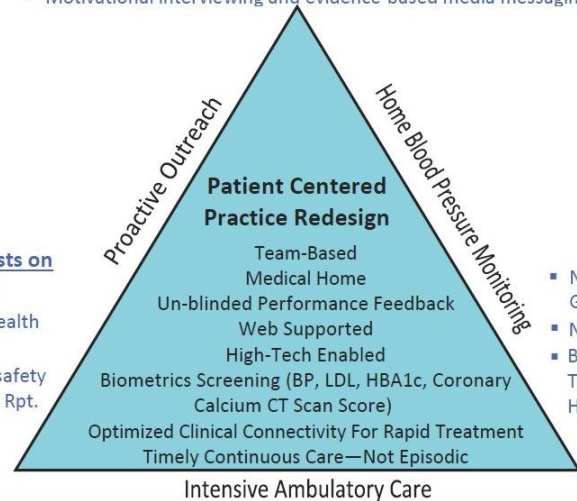
May 26, 2020 – 4:00-6:00pm

- Covid-19 Cardiology Nexus - June-Wha Rhee, MD, FACC, Instructor, Stanford Cardiovascular Institute, Stanford University

Promising Interventions to Reach Right Care Control Targets for Heart Attack, Stroke, and Diabetes Prevention and High Quality Management

Patient Activation

- Stress reduction, medication adherence, healthy sleep, nutrition & physical activity, smoking cessation
 - Evidence-based patient education (e.g., Project DULCE; Stanford Patient Self-Management)
 - Motivational interviewing and evidence-based media messaging



Clinical Pharmacists on Care Team

- CA Dept. Public Health White Paper
- HRSA.gov/patientsafety
- Surgeon General's Rpt.

Protocols

- Nationally Endorsed Guidelines (ACC, ADA)
- NICE UK (eg. chest pain)
- Bundled Medication Therapy (Aspirin, Statin, Hypertension Agents)

Please submit your questions, comments, and feedback to RightCare@Berkeley.edu