



Right Care Initiative Bay Area/Silicon Valley University of Best Practices
January 28, 2020, 4:30 to 6:30 p.m. PST (4:00 Check in; 4-6:30 Program; 6:30 Reception)
Stanford Neuroscience Health Center

Right Care Initiative Bay Area/Silicon Valley Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80 % in good control, or "A Grade" (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater.

Priority Targets:

- 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APHA/ASH/ASPC/NMA/PCNA)
80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8
80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)
Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support

At all Right Care Initiative gatherings, we follow the Warren Barnes' Principle:
We compete against disease and not each other.

4:00 - 4:30 p.m. Networking & Heart and Brain Healthy Refreshments

4:30 - 4:35 p.m. Co-Chair Vision & Welcoming Remarks

Nirali Vora, MD - Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Associate Prof., Neurology, School of Medicine, Stanford University; Director, Global Health Neurology; Program Director, Adult Neurology Residency, School of Medicine, Stanford University
Eveline Stock, MD - Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Assistant Prof., Cardiology, School of Medicine, University of California, San Francisco; Cardiologist, Cardiovascular Care & Prevention Center, University of California, San Francisco
Hattie Rees Hanley, MPP - Director, Right Care Initiative, Center for Healthcare Organizational and Innovation Research, UC Berkeley School of Public Health

4:35 - 4:45 p.m. Statewide and Regional Updates, Announcements, & Around the Room Introductions

4:45 - 6:15 p.m. Low-Cost Community Based Intervention: Reducing Blood Pressure and Blood Sugar with Nutrition and Exercise

Daniel E. Zoughbie, PhD - Founder, Microclinic International, a Not-for-Profit Development Organization; Lecturer, Global Studies, UC Berkeley

6:15 - 6:30 p.m. Around-the-Room Action Discussion: Quest to Get Toward Zero Preventable Heart Attacks, Strokes & Diabetes Deaths and Disabilities

6:30 p.m. Please join us for a heart & brain healthy reception

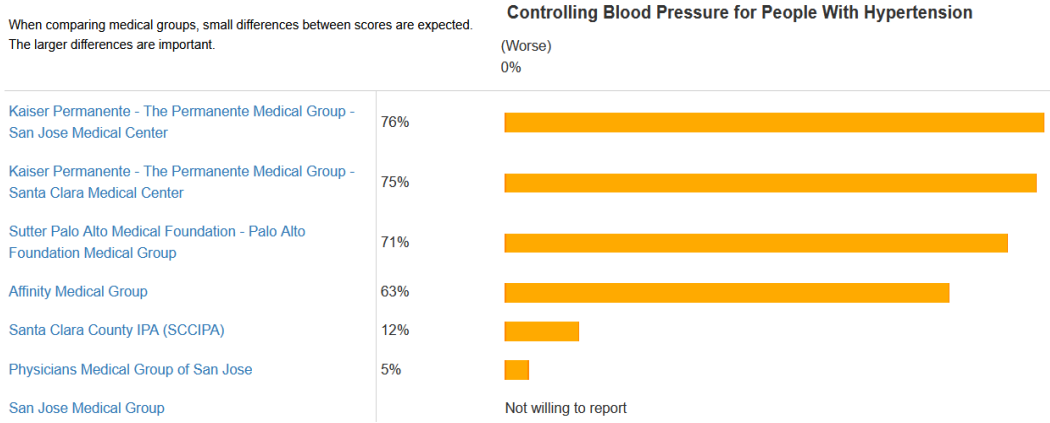
Next Bay Area/Silicon Valley University of Best Practices Meeting:
Tuesday February 25th, 2020

A Big Thank You to Stanford University
for Hosting the Right Care Initiative University of Best Practices!



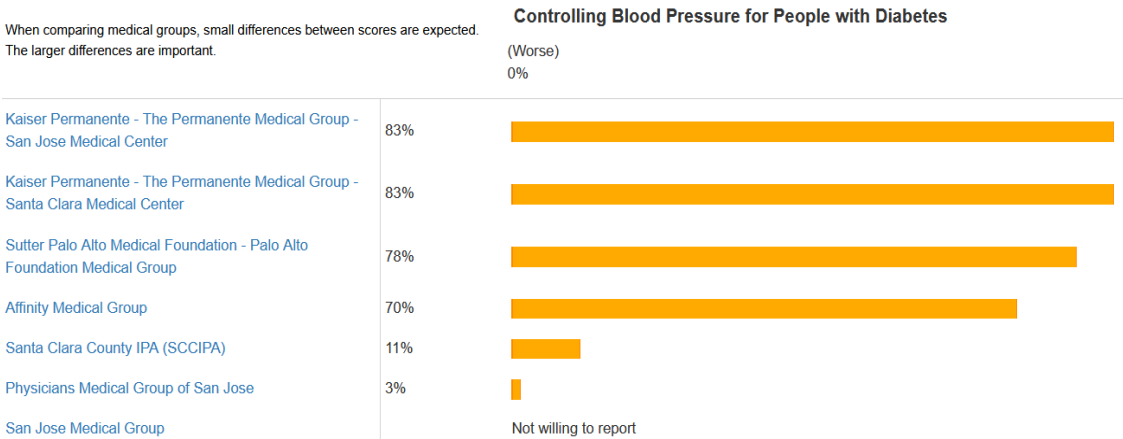
Publicly Available Performance Data from California Office of The Patient Advocate

Health Care Quality Report Cards 2019-20 Edition
Santa Clara County



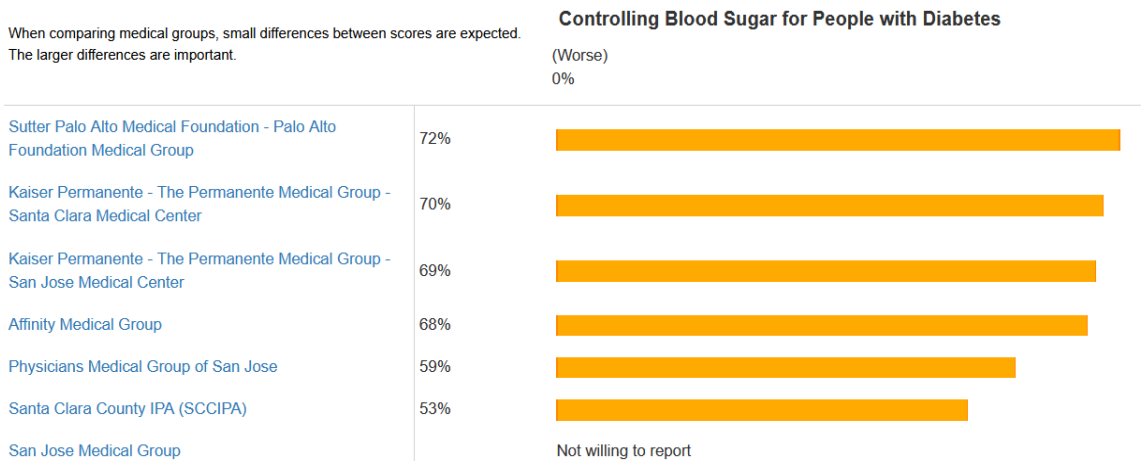
Why is it important to manage blood pressure if you have hypertension?

Hypertension, or high blood pressure, makes the heart work harder. This increases your risk for heart disease and other serious health conditions such as a heart attack, stroke, and kidney damage.



Why is it important to control blood pressure if you have diabetes?

Diabetes increases your risk for high blood pressure and heart disease. High blood pressure makes the heart work harder and can lead to heart disease, stroke, and kidney damage.



Why is it important to control blood sugar if you have diabetes?

Diabetes increases your risk for high blood pressure and heart disease. High blood pressure makes the heart work harder and can lead to heart disease, stroke, and kidney damage.