



*Right Care Initiative Capital Region University of Best Practices – February 10, 2020*

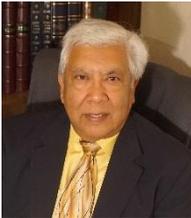


**Mar Aikman, RN, BSN, Pharm.D., BCPS, CACP, CDE, APH**

Supervisor, Clinical Pharmacy, Dignity Health Sacramento

Passionate about health, quality and people, Mar started her career as a bedside Registered Nurse over twenty years ago. Driven to learn more about medicine Mar received her Doctor of Pharmacy in 2007. Since then her career path evolved into an Ambulatory Care Pharmacy specialist. She is a National Board Certified Anticoagulation Provider, a Certified Diabetes Educator, and Board Certified in Pharmacotherapy. Mar has the privilege of leading an amazing Ambulatory Clinical Pharmacy services

team within Dignity Health who assist in managing chronic disease states and provide patient centered evidence based whole health care with compassion, dignity, and mindfulness.



**José Alberto Arévalo, MD, FAAFP**, is currently the Chief Medical Officer for Sutter Independent Physicians where he has been in a leadership role since 2003. Dr Arévalo is a board-certified family physician graduate of Stanford Medical School and completed his residency and clinical research fellowship in family medicine at University of California San Francisco. Dr. Arévalo has practiced medicine in numerous settings, including several community clinics and a multi-specialty medical group. He has also served on the faculty of the UC Davis Medical School for 28 years. Dr. Arévalo has served as the Northern California regional medical director for Prudential Health Care and Blue Cross and has also served as the CMO for United Healthcare for the

Western Region in the late 1990s. Prior to joining Sutter Dr. Arevalo was the Senior Vice-President of Medical Services for Health Plan of the Redwoods. Dr Arévalo is the Founding Chair of Latino Physicians of California as well as the Founding President and Past-Chair of the Sacramento Latino Medical Association and was the President of the Sierra Valley Sacramento Medical Society from 2013 to 2014. He is the immediate Past-Chair of the CMA Foundation's Network of Ethnic Physician Organization and also served as the Chair of the Health Information Committee and the Public Policy Committee. He currently serves as the Founding Chair of the University Best Practices/Right Care Initiative for the Capital Region. He has been on the Board of Directors for several other key organizations such as the Latino Coalition for a Healthy California, the California Academy of Family Physicians and the Center for Health Decisions as well the U.C. Davis Health Systems Research and Education Community Advisory Board. Dr Arevalo is the recipient of the Pioneer Award from the National Medical Foundation for 2017 for his lifelong commitment to improving health care to underserved communities. He was also awarded the CMA Foundation Ethnic Physician of the Year in 2013. He is the past recipient of the California Wellness Foundation's Champions of Health Professions Diversity Award in 2006. In 2008 he was the National Hispanic Health Foundation's First Leadership Award winner and in again was also the 5th Awardee in 2013 for continued leadership in Latino Health. He is married and has 7 children and 7 grandchildren.



**Ben Balatbat, MD, FACP**, Dr. Antonio Ben Balatbat is the Chief Medical Officer of Mercy Medical Group where he is the lead physician for population health and quality initiatives. Two major initiatives are the Measure Up, Pressure Down Campaign and the Together To Goal Diabetes program. For the past few years he has championed primary care redesign and transformation and Level 3 NCQA recognition efforts for the patient centered medical home model. His current focus is improving the work life balance of clinicians to decrease burnout through optimization of the accountable care team. He joined Mercy Medical Group in 2008 and has served as the Internal Medicine department chair since 2009 and was a member of the board of directors of Mercy Medical group from 2009 to 2018. Dr. Balatbat obtained his Bachelor of Science and Doctor of Medicine degrees from the University of the Philippines after which he completed a rotating

internship at the Philippine General Hospital. He was an instructor in the basis sciences (Microbiology and Parasitology) at the Angeles University College of Medicine before he did his residency training at the Yale Primary Care Internal Medicine Program. He received the Ciba Geigy Award as Resident of the Year in his senior year of training then pursued a fellowship in infectious diseases at UC Davis where he stayed on at the university as an associate medical director and practicing primary care physician for 12 years. Dr. Balatbat is presently a practicing primary care physician, board certified in Internal Medicine and is a fellow of the American College of Physicians.



**Bruce Baldwin, MA**  
**Stroke Survivor and Patient Advocate**

Bruce Baldwin is a Camp Fire survivor and a stroke survivor. He is the Tobacco Treatment Coordinator for the California Health Collaborative in Chico, California.

Bruce also served as a health educator and Tobacco Use Prevention Education (TUPE) Coordinator for the Butte County Office of Education for over 20 years. Bruce has an MA and a BA in Instructional Design from CSU, Chico and is a Certified Prevention Specialist.



**William J. Bommer, MD, FACP, FACC**  
**Chairman, Right Care Initiative Capital Region University of Best Practices; Executive Committee, American College of Cardiology, California Chapter; Professor, Division of Cardiovascular Medicine, University of California, Davis**

Dr. Bommer's service to the American College of Cardiology includes his current role on the California Executive Committee; as well as former roles as President, Vice-President, Governor, and Member of the Board of Governors. As an accomplished UC Davis Clinical Professor of Medicine, he directs UC Davis Cardiology's Noninvasive Services; directs the Cardiology Fellowship Training Program and sees patients in the CCU. As the longest-tenured UCD Training Director, he has trained over 200 practicing cardiologists. Dr. Bommer has been the Principal Investigator or Co-Investigator of multiple NIH, NHLBI, and international research trials. He is a member of 50 international, national, state, and university education commissions and committees. Dr. Bommer founded and is a Board Member of numerous hardware and software startup companies and is an inventor or co-inventor of patents for xerography, color-flow ultrasound imaging, and contrast echocardiography. His public service includes consulting with the State of California and directs multiple programs including CA Pilot PCI (offsite) Program, CA Elective PCI (offsite) Program, and CA Cardiac Surgery and Intervention Outcomes Program. He has authored over 250 scientific publications, received over 100 Honors and Awards, presented over 1000 papers at International, National, and Statewide meetings, and coauthored California Legislation including SB 357 and SB 906. A Physics and Chemistry graduate of Cornell University, he received his medical degree from the State University of New York. He is an Honorary Lifetime Member of the British Cardiovascular Society and an accomplished marathon runner.



**Jessica Nunez de Ybarra, MD, MPH**  
**Chronic Disease Control Branch Chief, California Department of Public Health**

Jessica Núñez de Ybarra, MD, MPH is Board Certified in Public Health and General Preventive Medicine and a Fellow of the American College of Preventive Medicine. She serves as the Chronic Disease Control Branch Chief (CDCB) in the California Department of Public Health (CDPH) as a Public Health Medical Administrator I. In 2014, as a Public Health Medical Officer III (PHMO III) in CDCB she and a multi-disciplinary team authored the California Wellness Plan (CWP), the state chronic disease prevention and health promotion plan, to support and expand upon the priorities of the Let's Get Healthy California Task Force by creating a detailed road map for CDPH and its partners to promote health, eliminate preventable chronic disease and promote health equity. Jessica continues to coordinate CWP implementation efforts with partners for collective impact to make California the healthiest state in the nation; this includes working recently to provide interim leadership with the Prevent Diabetes STAT (Screen, Test, Act – Today)<sup>TM</sup> in California Network to increase prediabetes awareness, and scale-up and sustain the National Diabetes Prevention Program in California through 2018. She also works with partners and stakeholders to promote team based care, such as the intervention described in a recent report entitled "Comprehensive Medication Management Programs: Description, Impacts, and Status in Southern California, 2015" which she co-authored with experts. Jessica worked from 2005 to 2012 as a PHMO III for CDPH's Division of Communicable Disease Control facilitating internal public health communications, training and preparedness activities to address emerging infectious public health threats, including establishing and overseeing the CDPH Laboratory Directors Training Program (LabAspire from 2006 to 2012). Jessica received a Medical Doctorate from the University of California Davis (UCD) in 1997 and a Master in Public Health in Health Services Administration from UC, Los Angeles in 2000. She successfully completed CDPH Preventive Medicine Residency Program (PMRP) in 2001 and CDPH Policy Fellowship in 2002. She currently serves as interim Program Director for CDPH PMRP and as volunteer Assistant Clinical Professor at UCD School of Medicine Department of Public Health Sciences. Since 2015, she has served as a member on the California Medical Association's Council on Science and Public Health. She also serves as President of the Sacramento Latino Medical Association (SaLMA).



**Joseph Sky, MD, FACP, FACC**

**Co-Chair, Capital Region University of Best Practices; Chief of Cardiology, United States Air Force David Grant Medical Center; Medical Director, Metabolic Clinic and Heart, Lung & Vascular Center David Grant Medical Center**

Joseph Sky, MD, is the chief of cardiology and medical director of the Heart, Lung and, Vascular Center at David Grant USAF Medical Center serving veterans, active duty military, and their families at Travis Air Force Base. Dr. Joseph Sky was raised in a community closely connected to one of the Blue Zones areas and is currently an active speaker for the Loma Linda Project. Dr. Sky received his bachelor of science from Pacific Union College and his MD from Loma Linda University (1999). He completed his training in internal medicine and cardiology in the US Air Force. Prior to becoming a cardiologist, Dr. Sky served as a flight medicine physician and later chief of the Internal Medicine Branch of the US Air Force School of Aerospace Medicine where he monitored and kept our nation's pilots and those of allied air forces healthy and fit for duty. He is a specialist in integrating modern medical treatments with evidence-based preventive medicine to safely allow military pilots, unmanned aircraft operators, and commercial pilots with cardiovascular disease to continue flying. While Dr. Sky fully embraces western medicine, his enjoyment is finding patients willing to use diet and lifestyle as medicine. He returned from a tour of duty in Iraq in 2018 and is excited to be practicing at a time when science shows the proven value of complementary preventive cardiology.



**Matthew P. Wonnacott, MD**

**Co-Chair, Capital Region University of Best Practices; Chief Medical Officer, Barton Health**

As Chief Medical Officer of Barton Health in the South Lake Tahoe region, Dr. Wonnacott's medical practice is devoted to the underserved. He completed his undergraduate coursework at Southern Utah University and received his Medical Degree from the Uniformed Services University of Health Sciences as well as his additional certification from the American Board of Family Medicine. Dr. Wonnacott recently retired as Colonel in the United States Air Force, previously serving as Chief Medical Officer and Deputy Commander for David Grant Medical Center, the Air Force's largest and busiest inpatient platform. He is a physician leader specializing in Family Medicine, with clinical expertise in treating children, adults and geriatric patients. He has served in a variety of clinical, operational, and executive medicine roles over 25 years. He is known for many different professional qualities including compassion and clinical acumen, strategic insight and initiative, with strengths in motivating and influencing people, team leadership and collaboration, partnerships, working with physicians and clinic workflow optimization.



**Hattie Rees Hanley, MPP**

**Director, Right Care Initiative, UC Berkeley School of Public Health, Center for Healthcare Organizational and Innovation Research**

Ms. Hanley co-founded the Right Care Initiative in 2007 with the Deans of the University of California, Berkeley and UCLA's Schools of Public Health, clinical experts, and State of California leadership to improve patient outcomes in high yield areas for preventing disability and death, where the science is clear, but the uptake is uneven. The Right Care Initiative is a public-private, charitably-funded collaborative effort that has thus far worked in the areas of prevention and better management of Hospital Acquired Infections (HAI), heart attacks, strokes, diabetes and heart failure. Ms. Hanley has directed the initiative since its inception, in close collaboration with leading experts in the field. The hallmark of her public policy career is bridging across the disparate arenas of business, government, health care delivery, science and academia. Ms. Hanley received her Master's degree in Public Policy from Harvard University's John F. Kennedy School of Government, after studying health economics and pre-medical coursework at UC Davis. Since that time, she has applied her background in science and public policy in the areas of clinical quality improvement, public health preparedness and improving laws to protect patients. She was instrumental in the negotiations and passage of the set of California laws known as the Patient Bill of Rights, which includes the right to a Second Medical Opinion and Independent Medical Review. The Right Care Initiative is a program within the UC Berkeley School of Public Health's Center for Health Organizational and Innovation Research (CHOIR). Ms. Hanley has been invited by the Centers of Disease Control and Prevention to be a founding member of the National Hypertension Roundtable.