Right Care Initiative Capital Region University of Best Practices

Celebrating Local Progress on Critical Metrics for Preventing and Better Managing Cardiovascular Disease and Diabetes

At Right Care gatherings, we follow the Warren Barnes' Principle: We compete against disease and not each other!

February 10, 2020, 11:30 a.m. to 2:00 p.m. PST (lunch 11:30)
Sierra Health Foundation, 1321 Garden Highway, Sacramento, CA 95833

Right Care Initiative Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80% in good control, or “A Grade” (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater:

- 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/ACC/AAPA/ABC/ACP/AGS/APhA/ASH/ASPC/NMA/PCNA)
- 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8
- 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)
- Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support

Welcome, Introductions, Statewide Updates and Co-Chair Remarks
William J. Bommer, MD, FACP, FACC - Chairman, Right Care Initiative Capital Region; Executive Committee, American College of Cardiology, CA Chapter; Division of Cardiovascular Medicine, UC Davis
Joseph Sky, MD, FACP, FACC - Co-Chair, Right Care Initiative Capital Region; Chief of Cardiology, Medical Director, Metabolic Clinic and Heart, Lung and Vascular Center, David Grant USAF Medical Center
Matthew P. Wonnacott, MD - Co-Chair, Capital Region University of Best Practices; Chief Medical Officer, Barton Health; (US Air Force Colonel Retired)
Hattie Rees Hanley, MPP - Director, Right Care Initiative, Center for Healthcare Organizational and Innovation Research, UC Berkeley School of Public Health

11:55 a.m. – 12:00 p.m. "Happy” Music Video by Pharrell Williams – Please find your way to your seat

12:00 - 12:05 p.m. One Stroke Survivor’s Case History Demonstrating Importance of Strong Coordination Between paradise providers and the UC Davis Stroke Program
Elizabeth Helms - CEO, Chronic Care Coalition, Video and Patient Introduction
Bruce Baldwin - Survivor and Patient Advocate

12:20 - 12:25 p.m. Capital Region Clinical Improvement Metrics Improvement & Stroke Statistics
William J. Bommer, MD, FACP, FACC - Chairman, Right Care Initiative University of Best Practices

12:25 - 12:50 p.m. Example One of Local Progress in Achieving Clinical Improvement Metrics: Mercy Medical Group/ Dignity Health (Blood Sugar and Cholesterol Management)
Ben Balathat, MD, FACP - Chief Medical Officer, Mercy Medical Group
Mar Alkman, RN, BSN, Pharm.D., BCPS, CACP, CDE, APH - Supervisor, Clinical Pharmacy, Dignity Health

12:50 – 1:15 p.m. Example Two of Local Progress in Achieving Clinical Improvement Metrics: Sutter IPA (Blood Sugar and Blood Pressure Control Among Diabetics)
Jose Arevalo, MD - Chief Medical Officer, Sutter Independent Physicians

1:15 – 1:35 p.m. Example Three of Local Progress in Achieving Clinical Improvement Metrics: UC Davis (Blood Pressure Control, including for the Diabetic Population) with Table Top Discussion of Hypertension Pocket Card Review
William J. Bommer, MD, FACP, FACC - Chairman, Right Care Initiative Capital Region; Executive Committee, American College of Cardiology, CA Chapter; Division of Cardiovascular Medicine, UC Davis

1:35 – 1:55 p.m. CDC Prevention Forward Grant Discussion
Jessica Nuñez de Ybarra, MD, MPH - Chronic Disease Control Branch Chief, California Department of Public Health

1:55 – 2:00 p.m. Wrap-up and Announcements

Mark Your Calendars: Monday, March 9: UC Irvine’s Dr. Nathan Wong (New Cardiovascular Guidelines); Special meeting: Monday, August 10: CDC’s Million Hearts Director, Dr. Laurence Sperling (National Perspective)

A Big Thank You to Sierra Health Foundation for Hosting the Right Care Initiative!
Controlling Blood Sugar (HbA1c < 8) for People with Diabetes (PY 2012-2018)

Source: Performance data for managed care patients, CA Office of the Patient Advocate Report