



CHOIR CENTER FOR HEALTHCARE ORGANIZATIONAL INNOVATION RESEARCH

Berkeley Public Health

Right Care Initiative Capital Region University of Best Practices

Celebrating Local Progress on Critical Metrics

for Preventing and Better Managing Cardiovascular Disease and Diabetes

At Right Care gatherings, we follow the Warren Barnes' Principle: We compete against disease and not each other!

February 10, 2020, 11:30 a.m. to 2:00 p.m. PST (lunch 11:30)
Sierra Health Foundation, 1321 Garden Highway, Sacramento, CA 95833

Right Care Initiative Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80 % in good control, or "A Grade" (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater:

Priority Targets:

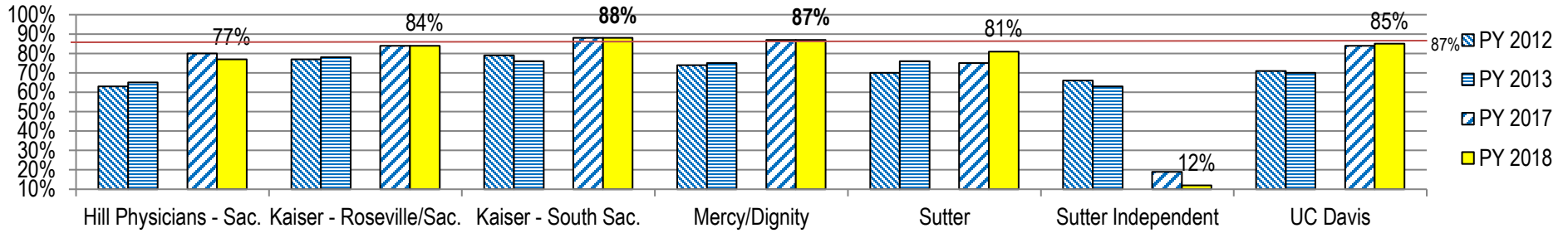
- +*** 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA)
- +*** 80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8
- +*** 80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)
- +*** Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support

- 11:55 a.m. - 12:00 p.m.** ***"Happy" Music Video by Pharrell Williams – Please find your way to your seat***
- 12:00 - 12:05 p.m.** ***Welcome, Introductions, Statewide Updates and Co-Chair Remarks***
William J. Bommer, MD, FACP, FACC - Chairman, Right Care Initiative Capital Region; Executive Committee, American College of Cardiology, CA Chapter; Division of Cardiovascular Medicine, UC Davis
Joseph Sky, MD, FACP, FACC - Co-Chair, Right Care Initiative Capital Region; Chief of Cardiology, Medical Director, Metabolic Clinic and Heart, Lung and Vascular Center, David Grant USAF Medical Center
Matthew P. Wonnacott, MD - Co-Chair, Capital Region University of Best Practices; Chief Medical Officer, Barton Health; (US Air Force Colonel Retired)
Hattie Rees Hanley, MPP - Director, Right Care Initiative, Center for Healthcare Organizational and Innovation Research, UC Berkeley School of Public Health
- 12:05 - 12:20 p.m.** ***One Stroke Survivor's Case History Demonstrating Importance of Strong Coordination Between Paradise providers and the UC Davis Stroke Program***
Elizabeth Helms, CEO, Chronic Care Coalition, Video and Patient Introduction
Bruce Baldwin –Survivor and Patient Advocate
- 12:20 - 12:25 p.m.** ***Capital Region Clinical Improvement Metrics Improvement & Stroke Statistics***
William J. Bommer, MD, FACP, FACC - Chairman, Right Care University of Best Practices
- 12:25 - 12:50 p.m.** ***Example One of Local Progress in Achieving Clinical Improvement Metrics: Mercy Medical Group/ Dignity Health (Blood Sugar and Cholesterol Management)***
Ben Balathat, MD, FACP – Chief Medical Officer, Mercy Medical Group
Mar Aikman, RN, BSN, Pharm.D., BCPS, CACP, CDE, APH – Supervisor, Clinical Pharmacy, Dignity Health
- 12:50 - 1:15 p.m.** ***Example Two of Local Progress in Achieving Clinical Improvement Metrics: Sutter IPA (Blood Sugar and Blood Pressure Control Among Diabetics)***
Jose Arevalo, MD – Chief Medical Officer, Sutter Independent Physicians
- 1:15 - 1:35 p.m.** ***Example Three of Local Progress in Achieving Clinical Improvement Metrics: UC Davis (Blood Pressure Control, including for the Diabetic Population) with Table Top Discussion of Hypertension Pocket Card Review***
William J. Bommer, MD, FACP, FACC - Chairman, Right Care Initiative Capital Region; Executive Committee, American College of Cardiology, CA Chapter; Division of Cardiovascular Medicine, UC Davis
- 1:35 - 1:55 p.m.** ***CDC Prevention Forward Grant Discussion***
Jessica Nunez de Ybarra, MD, MPH - Chronic Disease Control Branch Chief, California Department of Public Health
- 1:55 - 2:00 p.m.** ***Wrap-up and Announcements***

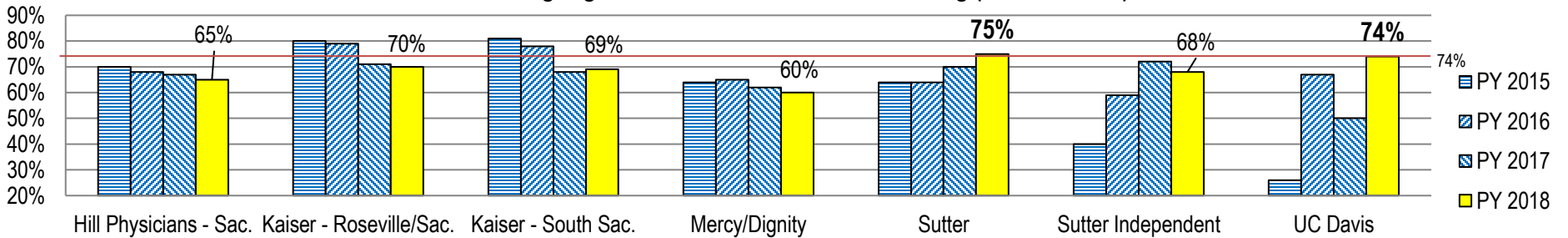
Mark Your Calendars: **Monday, March 9: UC Irvine's Dr. Nathan Wong** (New Cardiovascular Guidelines);
Special meeting: Monday, August 10: CDC's Million Hearts Director, Dr. Laurence Sperling (National Perspective)

A Big Thank You to Sierra Health Foundation for Hosting the Right Care Initiative!

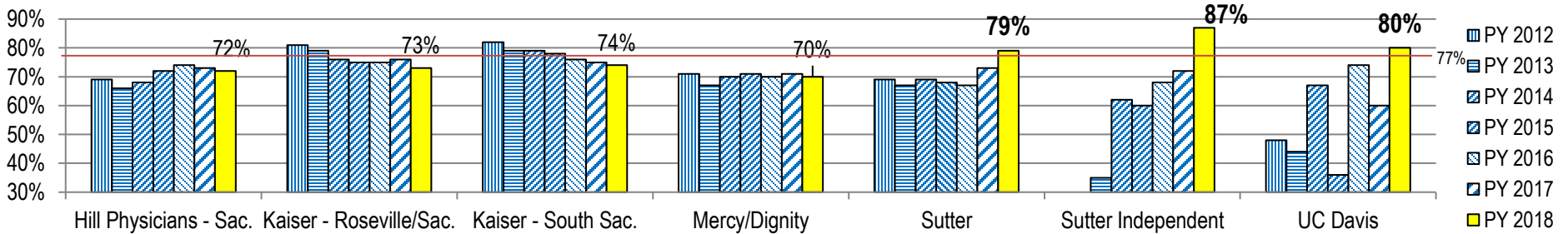
Controlling Cholesterol for People with Heart Disease (PY 2012-2013); Prescribing Statins to People with Heart Disease (PY 2017-2018)



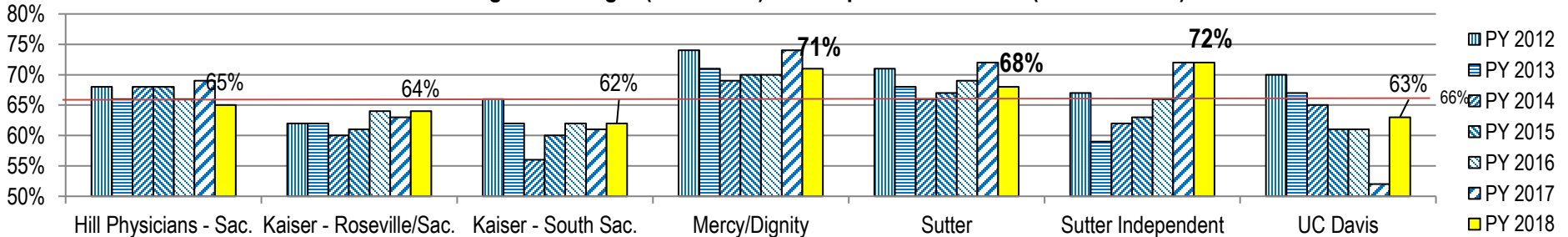
Controlling High Blood Pressure at < 140/90 mmHg (PY 2015-2018)



Controlling Blood Pressure (< 140/90 mmHg) for People with Diabetes (PY 2012-2018)



Controlling Blood Sugar (HbA1c < 8) for People with Diabetes (PY 2012-2018)



a) PY = Performance Year
 b) Red Line marks 90th Percentile Performance