11th Annual Right Care Initiative Clinical Quality Leadership Summit
November 18, 2019
(10 am Networking Coffee; 10:30 to 4:30 pm Program; Reception to 5:30)
Sierra Health Foundation; 1321 Garden Highway, Sacramento 95833

Changing the Trajectory of Heart Attack, Stroke & Diabetes Deaths & Disabilities by Innovating Prevention & Management: A Working Meeting
Reminder: In this room, we compete against disease and not each other.

10:30 - 10:40: Welcome & Get Toward Zero Challenge
Kaying Hang, MPH, Vice President of Sierra Health; and Right Care Initiative Co-Founders
Stephen M. Shortell, PhD, MBA, MPH, Dean Emeritus School of Public Health, University of California Berkeley, Blue Cross of CA Distinguished Professor of Health Policy and Management Emeritus, Co-Director, Center for Healthcare Organizational and Innovation Research (CHOIR); Prof. of Organization Behavior, Emeritus, Haas School of Business; and
Hattie Rees Hanley, MPP, Director, Right Care Initiative, UCB School of Public Health

10:40 - 11:10: Cardiovascular Health Vision & Challenge
Betsy Thompson, MD, MSPH, DrPH, RADM; Director, Division for Heart Disease and Stroke Prevention, Centers for Disease Control & Prevention; Assistant Surgeon General, and Rear Admiral, U.S. Public Health Service

11:10 - 12:15: Awardee Insights about Getting Toward Zero Preventable Heart Attack, Stroke, and Diabetes Deaths and Disabilities (15 minutes each TED talk versions)

Community Leadership Award for Implementation Action to Get Toward Zero Heart Attacks & Strokes to Save Lives AND Money:
William Bommer, MD, Chairman, Right Care Capitol Region University of Best Practices; Executive Committee, American College of Cardiology; Cardiology Professor and Coronary Care Unit Cardiologist, UC Davis; State of California Heart Procedures Quality Improvement Advisor

Lifetime Achievement Award for Leadership of CARDIA Study Illuminating Importance of Coronary Artery Calcium Plaque in the Young for Triage:
Stephen Sidney, MD, MPH, Director of Research Clinics & Senior Research Scientist, Kaiser Permanente Northern California Division of Research

Public Service Leadership Award for Precision Heart Attack & Stroke Prevention Deploying Advanced Computing, Ancient Wisdom & Holistic Shared Decision Making:
Joseph Sky, MD, FACC, Chief of Cardiology, David Grant Medical Center, Travis Air Force Base

Young Leadership Award for Innovations to Slash Stroke Disability and Death:
Nirali Vora, MD, Chairwoman, Right Care Initiative Bay Area Silicon Valley University of Best Practices; Associate Professor, Stanford Stroke Center & Neurology
12:15 - 1:00: **Luncheon (12:45-1 pm)** Luncheon Remarks by Richard Figueroa, MBA, Acting Director, California Department of Health Care Services [oversees Medi-Cal]

**Interest Area Discussion Tables 12:15-12:45 (optional free time):**

1. **Cardiovascular Disease in Women:** Susan L. Ivey, MD, MHSA, UC Berkeley Professor; Carol Zaher, MD, LA UBP Cardiology Co-Chair, Medical Director, HealthNet/ Centene
2. **Community Clinics Perspective:** Mathew Wonnacott, MD, CMO, Barton Health & Co-Chair Capitol Region University of Best Practices
3. **Independent Practice Association Progress & Challenges:** Jose Arevalo, Chief Medical Officer, Sutter IPA and founding co-chair, Right Care Capitol Region
4. **Pharmacist on the Care Team & Right Meds Collaborative:** Steve Chen, PharmD, Associate Dean for Clinical Affairs, University of Southern California
5. **Population Health’s Role in CVD & DM:** Riya Pulicharam, MD (Health Care Partners National Medical Director for Population Health); Neal Kohatsu, MD, MPH and Desiree Backman, DrPH, MS, RD (UC Davis Health, Center for Health Policy and Research)
6. **Precision CVD & AI:** Bill Bommer (ACC / UCD); Steve Sidney (Kaiser); Joe Sky (Air Force); Victoria Dupuy (No More Broken Hearts Foundation)
7. **Research Leadership Table:** Professors Shortell & Rodriguez
8. **Stroke Innovation:** Dr. Nirali Vora Bay Area UBP; Noemi Conway, Stroke Awareness Foundation

1:00 - 2:30: **Progress Update on Health Plan Performance Improvement for Preventing Heart Attacks, Strokes and Diabetes Complications** (Blood Pressure, Cholesterol & Blood Sugar)

- Moderator: Betsy Thompson
- Health System Performance Trend Data – UC Berkeley Professors and CHOIR co-Directors **Shortell, and Hector Rodriguez**, PhD, MPH, Henry J. Kaiser Endowed Chair in Organized Health Systems; Co-Director, Center for Healthcare Organizational and Innovation Research (CHOIR); Director, California Initiative for Health Equity & Action Professor of Health Policy and Management, UCB School of Public Health
- **Scott Flinn**, MD, Medical Director, Blue Shield of California/ Care 1st
- **Jean Shahdadpuri**, MD, MBA, Vice President, Medical Affairs, Health Net and California Health & Wellness/ Centene

1:50 - 2:30: **Responses & Trajectory Changing Ideas from Leadership of University of Best Practices**

- **Parag Agnihotri**, MD, Chief Medical Officer for Population Health, University of California San Diego Health System; Co-Founder Capital Region University of Best Practices & CMMI Innovation Advisor: **Leadership Awardee Insights on Tracing Hospitalizations to Medical Groups in Getting Toward Zero Heart Attacks and Strokes**
- **Steve Chen**, PharmD, Right Care LA University of Best Practices Co-Chair; Associate Dean for Clinical Affairs, University of Southern California School of Pharmacy
- **Christine Thorne**, MD, Chief Medical Officer **Be There** San Diego University of Best Practices (1st regional Right Care pilot); Associate professor UCSD, Preventive Medicine
- **Mathew Wonnacott**, MD, Capitol Region University of Best Practices Co-Chair; Barton Health Chief Medical Officer
- **Nirali Vora**, MD, Bay Area University of Best Practices Co-Chair
- Q & A and Around the Room Discussion led by **Neal Kohatsu**, MD, Right Care Diplomat at Large
2:30-2:40 Break

2:40-3:45 pm: **Blue Zones: Global Wisdom on Culture Shifting to Healthier, Longer Lives**

Moderators: **Shortell and Joe Sky**, Blue Zones speaker & Co-Chair Right Care Capitol Region University of Best Practices: *An Air Force Perspective from a Physician Raised in a Blue Zone on the Role of Food as Medicine & Lifestyle in Improving Pilot’s Health*

- **Ben R. Leedle Jr.**, President & CEO, Blue Zones Project
- **Tony Buettner**, Senior VP & Co-founder, Blue Zones

3:45-4:15: **Can Sacramento Become a Blue Zone Instead of a Hot Spot of Heart Attacks & Strokes?**

- **Hot Spot Data**: **Professor Susan L. Ivey**, MD, MHSA, UCB Professor Adjunct, Sacramento
- **William J. Bommer**, Chair, Capitol Region Right Care University of Best Practices
- **Jose Arevalo**, MD, CMO, Sutter IPA and Co-Founder Right Care Capitol Region UBP
- **Kimberly Buss**, MD, MPH, Medical Director, Sutter Population Health Services
- **Neal Kohatsu**, MD, MPH, Right Care Diplomat at Large, Program Evaluator and Health Strategist, Center for Health Policy and Research, UC Davis Health (past Medical Director, Dept. of Health Care Services [Medi-Cal])

4:15- 4:30: **Closing Ideas & Leadership Awards** – Thompson, Shortell and Hanley

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**Thank you to our Sponsors & Sierra Health Foundation for hosting us!**

*Please join us to celebrate our Leadership, Innovation and Clinical Performance Awardees for a Wine & Blue Zones Reception*

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**Multi-community Innovative Leadership Award For Getting Toward Zero deaths and disabilities from Diabetes, Heart Attacks & Strokes**

**Parag Agnihotri, MD**

Co-Founder, Right Care Capitol Region University of Best Practices & San Diego UBP Innovation Advisor
COMMUNITY LEadership Award for Leaning Forward with Implementation Action to Prevent Heart Attacks and Strokes

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Chairman, Right Care Capitol Region
University of Best Practices
UC Davis Cardiology
& American College of Cardiology

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