



## 11th Annual Right Care Initiative Clinical Quality Leadership Summit November 18, 2019

(10 am Networking Coffee; 10:30 to 4:30 pm Program; Reception to 5:30)  
Sierra Health Foundation; 1321 Garden Highway, Sacramento 95833

### *Changing the Trajectory of Heart Attack, Stroke & Diabetes Deaths & Disabilities by Innovating Prevention & Management: A Working Meeting* **Reminder: In this room, we compete against disease and not each other.**

#### 10:30 - 10:40: **Welcome & Get Toward Zero Challenge**

**Kaying Hang**, MPH, Vice President of Sierra Health; and Right Care Initiative Co-Founders **Stephen M. Shortell**, PhD, MBA, MPH, Dean Emeritus School of Public Health, University of California Berkeley, Blue Cross of CA Distinguished Professor of Health Policy and Management Emeritus, Co-Director, Center for Healthcare Organizational and Innovation Research (CHOIR); Prof. of Organization Behavior, Emeritus, Haas School of Business; and **Hattie Rees Hanley**, MPP, Director, Right Care Initiative, UCB School of Public Health

#### 10:40 - 11:10: **Cardiovascular Health Vision & Challenge**

**Betsy Thompson**, MD, MSPH, DrPH, RADM; Director, Division for Heart Disease and Stroke Prevention, Centers for Disease Control & Prevention; Assistant Surgeon General, and Rear Admiral, U.S. Public Health Service

#### 11:10 - 12:15: **Awardee Insights about Getting Toward Zero Preventable Heart Attack, Stroke, and Diabetes Deaths and Disabilities** (15 minutes each TED talk versions)

- ✦ **Community Leadership Award** for *Implementation Action to Get Toward Zero Heart Attacks & Strokes to Save Lives AND Money:*  
**William Bommer**, MD, Chairman, Right Care Capitol Region University of Best Practices; Executive Committee, American College of Cardiology; Cardiology Professor and Coronary Care Unit Cardiologist, UC Davis; State of California Heart Procedures Quality Improvement Advisor
- ✦ **Lifetime Achievement Award** for *Leadership of CARDIA Study Illuminating Importance of Coronary Artery Calcium Plaque in the Young for Triage:*  
**Stephen Sidney**, MD, MPH, Director of Research Clinics & Senior Research Scientist, Kaiser Permanente Northern California Division of Research
- ✦ **Public Service Leadership Award** for *Precision Heart Attack & Stroke Prevention Deploying Advanced Computing, Ancient Wisdom & Holistic Shared Decision Making:*  
**Joseph Sky**, MD, FACC, Chief of Cardiology, David Grant Medical Center, Travis Air Force Base
- ✦ **Young Leadership Award** for *Innovations to Slash Stroke Disability and Death:*  
**Nirali Vora**, MD, Chairwoman, Right Care Initiative Bay Area Silicon Valley University of Best Practices; Associate Professor, Stanford Stroke Center & Neurology



12:15 - 1:00: **Luncheon (12:45-1 pm Luncheon Remarks by Richard Figueroa, MBA, Acting Director, California Department of Health Care Services [oversees Medi-Cal])**

**Interest Area Discussion Tables 12:15-12:45 (optional free time):**

1. **Cardiovascular Disease in Women:** Susan L. Ivey, MD, MHSA, UC Berkeley Professor; Carol Zaher, MD, LA UBP Cardiology Co-Chair, Medical Director, HealthNet/ Centene
2. **Community Clinics Perspective:** Mathew Wonnacott, MD, CMO, Barton Health & Co-Chair Capitol Region University of Best Practices
3. **Independent Practice Association Progress & Challenges:** Jose Arevalo, Chief Medical Officer, Sutter IPA and founding co-chair, Right Care Capitol Region
4. **Pharmacist on the Care Team & Right Meds Collaborative:** Steve Chen, PharmD, Associate Dean for Clinical Affairs, University of Southern California
5. **Population Health's Role in CVD & DM:** Riya Pulicharam, MD (Health Care Partners National Medical Director for Population Health); Neal Kohatsu, MD, MPH and Desiree Backman, DrPH, MS, RD (UC Davis Health, Center for Health Policy and Research)
6. **Precision CVD & AI:** Bill Bommer (ACC / UCD); Steve Sidney (Kaiser); Joe Sky (Air Force); Victoria Dupuy (No More Broken Hearts Foundation)
7. **Research Leadership Table:** Professors Shortell & Rodriguez
8. **Stroke Innovation:** Dr. Nirali Vora Bay Area UBP; Noemi Conway, Stroke Awareness Foundation

1:00 - 2:30: **Progress Update on Health Plan Performance Improvement for Preventing Heart Attacks, Strokes and Diabetes Complications (Blood Pressure, Cholesterol & Blood Sugar)**

- ✦ Moderator: **Betsy Thompson**
- ✦ Health System Performance Trend Data – UC Berkeley Professors and CHOIR co-Directors **Shortell, and Hector Rodriguez**, PhD, MPH, Henry J. Kaiser Endowed Chair in Organized Health Systems; Co-Director, Center for Healthcare Organizational and Innovation Research (CHOIR); Director, California Initiative for Health Equity & Action Professor of Health Policy and Management, UCB School of Public Health
- ✦ **Scott Flinn**, MD, Medical Director, Blue Shield of California/ Care 1st
- ✦ **Jean Shahdadpuri**, MD, MBA, Vice President, Medical Affairs, Health Net and California Health & Wellness/ Centene

1:50 - 2:30: **Responses & Trajectory Changing Ideas from Leadership of University of Best Practices**

- ✦ **Parag Agnihotri**, MD, Chief Medical Officer for Population Health, University of California San Diego Health System; Co-Founder Capital Region University of Best Practices & CMMI Innovation Advisor: *Leadership Awardee Insights on Tracing Hospitalizations to Medical Groups in Getting Toward Zero Heart Attacks and Strokes*
- ✦ **Steve Chen**, PharmD, Right Care LA University of Best Practices Co-Chair; Associate Dean for Clinical Affairs, University of Southern California School of Pharmacy
- ✦ **Christine Thorne**, MD, Chief Medical Officer *Be There* San Diego University of Best Practices (1<sup>st</sup> regional Right Care pilot); Associate professor UCSD, Preventive Medicine
- ✦ **Mathew Wonnacott**, MD, Capitol Region University of Best Practices Co-Chair; Barton Health Chief Medical Officer
- ✦ **Nirali Vora**, MD, Bay Area University of Best Practices Co-Chair
- ✦ Q & A and Around the Room Discussion led by **Neal Kohatsu**, MD, Right Care Diplomat at Large



## 2:30-2:40 Break

2:40-3:45 pm: **Blue Zones: Global Wisdom on Culture Shifting to Healthier, Longer Lives**

✦ Moderators: **Shortell and Joe Sky**, Blue Zones speaker & Co-Chair Right Care Capitol Region University of Best Practices: *An Air Force Perspective from a Physician Raised in a Blue Zone on the Role of Food as Medicine & Lifestyle in Improving Pilot's Health*

✦ **Ben R. Leedle Jr.**, President & CEO, Blue Zones Project

✦ **Tony Buettner**, Senior VP & Co-founder, Blue Zones

3:45-4:15: **Can Sacramento Become a Blue Zone Instead of a Hot Spot of Heart Attacks & Strokes?**

✦ Hot Spot Data: **Professor Susan L. Ivey**, MD, MHSA, UCB Professor Adjunct, Sacramento

✦ **William J. Bommer**, Chair, Capitol Region Right Care University of Best Practices

✦ **Jose Arevalo**, MD, CMO, Sutter IPA and Co-Founder Right Care Capitol Region UBP

✦ **Kimberly Buss**, MD, MPH, Medical Director, Sutter Population Health Services

✦ **Neal Kohatsu**, MD, MPH, Right Care Diplomat at Large, Program Evaluator and Health Strategist, Center for Health Policy and Research, UC Davis Health (past Medical Director, Dept. of Health Care Services [Medi-Cal])

4:15- 4:30: **Closing Ideas & Leadership Awards** – Thompson, Shortell and Hanley

***Thank you to our Sponsors & Sierra Health Foundation for hosting us!  
Please join us to celebrate our Leadership, Innovation and Clinical  
Performance Awardees for a Wine & Blue Zones Reception***

**MULTI-COMMUNITY INNOVATIVE LEADERSHIP AWARD FOR  
GETTING TOWARD ZERO DEATHS AND DISABILITIES FROM DIABETES, HEART  
ATTACKS & STROKES**

**PARAG AGNIHOTRI, MD**

**CO-FOUNDER, RIGHT CARE CAPITOL REGION UNIVERSITY OF BEST  
PRACTICES & SAN DIEGO UBP INNOVATION ADVISOR**



**CHOIR** CENTER FOR  
HEALTHCARE  
ORGANIZATIONAL  
INNOVATION  
RESEARCH

**Berkeley** Public  
Health

**COMMUNITY LEADERSHIP AWARD FOR  
LEANING FORWARD WITH IMPLEMENTATION ACTION  
TO PREVENT HEART ATTACKS AND STROKES**

**WILLIAM J. BOMMER, MD**

**CHAIRMAN, RIGHT CARE CAPITOL REGION  
UNIVERSITY OF BEST PRACTICES  
UC DAVIS CARDIOLOGY  
& AMERICAN COLLEGE OF CARDIOLOGY**

**LIFETIME ACHIEVEMENT AWARD  
FOR LEADERSHIP OF THE CARDIA STUDY  
ILLUMINATING IMPORTANCE OF  
CORONARY ARTERY CALCIUM PLAQUE IN THE YOUNG FOR TRIAGE**

**STEPHEN SIDNEY, MD, MPH**

**DIRECTOR OF RESEARCH CLINICS & SR. RESEARCH SCIENTIST  
KAISER PERMANENTE N. CALIFORNIA DIV. OF RESEARCH**

**PUBLIC SERVICE LEADERSHIP AWARD FOR  
PRECISION HEART ATTACK & STROKE PREVENTION  
DEPLOYING ADVANCED COMPUTING, ANCIENT WISDOM  
& HOLISTIC SHARED DECISION MAKING**

**JOSEPH SKY, MD, FACP, FACC**

**CHIEF OF CARDIOLOGY,  
TRAVIS AIR FORCE BASE**

**YOUNG LEADERSHIP AWARD**

**FOR INNOVATIONS  
TO SLASH STROKE**

**DISABILITY AND DEATH**

**NIRALI VORA, MD**

**CHAIRWOMAN, RIGHT CARE INITIATIVE, BAY AREA  
SILICON VALLEY UNIVERSITY OF BEST PRACTICES  
ASSOC. PROFESSOR, STANFORD UNIVERSITY  
STROKE CENTER & NEUROLOGY**