



Right Care Initiative Bay Area/Silicon Valley University of Best Practices
September 24, 2019, 4:00 to 6:30 p.m. PST (4:00 Reception; 4-6:30 Program; 6:30+ Reception)
Stanford Neuroscience Health Center

Right Care Initiative Bay Area/Silicon Valley Goal: Drive Toward Zero Preventable Heart Attack, Stroke, Diabetes, and Heart Failure Deaths & Disabilities Through Best Available Science Combined with Proactive Screening & Outreach

Achieve 80 % in good control, or "A Grade" (90th Percentile) HEDIS levels for Cardiovascular Disease and Diabetes, whichever is greater.

Priority Targets:

- 80% of hypertensive patients with blood pressure (BP) controlled: <140/90 mm Hg (Optimally 130/80 mm Hg per 2017 American College of Cardiology Guidelines, endorsed by ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA)
80% of patients with diabetes and/or cardiovascular conditions on appropriate cholesterol therapy (proxy, LDL controlled: LDL-C<100mg/dL. Or for very high risk ASCVD, LDL-C<70mg/dL or lower)
80% of diabetic patients with blood sugar controlled: Hemoglobin A1c<8
Proactive Community Outreach to Screen & Identify Vulnerable Patients to Connect to Treatment & Support

At all Right Care Initiative gatherings, we follow the Warren Barnes' Principle:
We compete against disease and not each other.

4:00 - 4:30 p.m. Networking & Heart and Brain Healthy Refreshments

4:30 - 4:35 p.m. Co-Chair Vision & Welcoming Remarks

Nirali Vora, MD - Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Associate Prof., Neurology, School of Medicine, Stanford University; Director, Global Health Neurology; Program Director, Adult Neurology Residency, School of Medicine, Stanford University
Eveline Stock, MD - Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Assistant Prof., Cardiology, School of Medicine, University of California, San Francisco; Cardiologist, Cardiovascular Care & Prevention Center, University of California, San Francisco
Hattie Rees Hanley, MPP - Director, Right Care Initiative, Center for Healthcare Organizational and Innovation Research, UC Berkeley School of Public Health

4:35 - 4:40 p.m. Statewide and Regional Updates & Announcements

4:40 - 4:45 p.m. Around the Room Introductions

4:45 - 5:30 p.m. Molecular Insights into Cardiovascular Disease and Metabolic Diseases

John Kane, MD, PhD - Professor of Medicine, School of Medicine, University of California, San Francisco; Endocrinologist, Director, Adult Lipid Clinic, UCSF Health

5:30 - 5:45 p.m. Q&A Session

5:45 - 6:15 p.m. Emerging Therapies to Reduce the Impact of Cardiovascular Disease and Diabetes

Eveline Stock, MD - Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Assistant Prof., Cardiology, School of Medicine, University of California, San Francisco; Cardiologist, Cardiovascular Care & Prevention Center, University of California, San Francisco
Angela Fong, RD, CNSC - Clinical Dietitian, UCSF Health

6:15 - 6:30 p.m. Around-the-Room Action Discussion: Quest to Get Toward Zero Preventable Heart Attacks, Strokes & Diabetes Deaths and Disabilities

6:30 p.m. Please join us for a heart & brain healthy reception

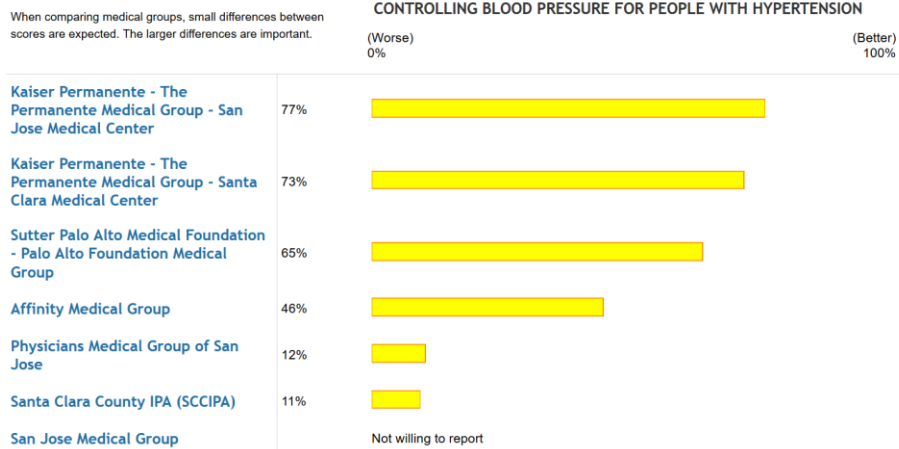
Next Meeting: Tuesday, October 29th, 2019

A Big Thank You to Stanford University
for Hosting the Right Care Initiative University of Best Practices!

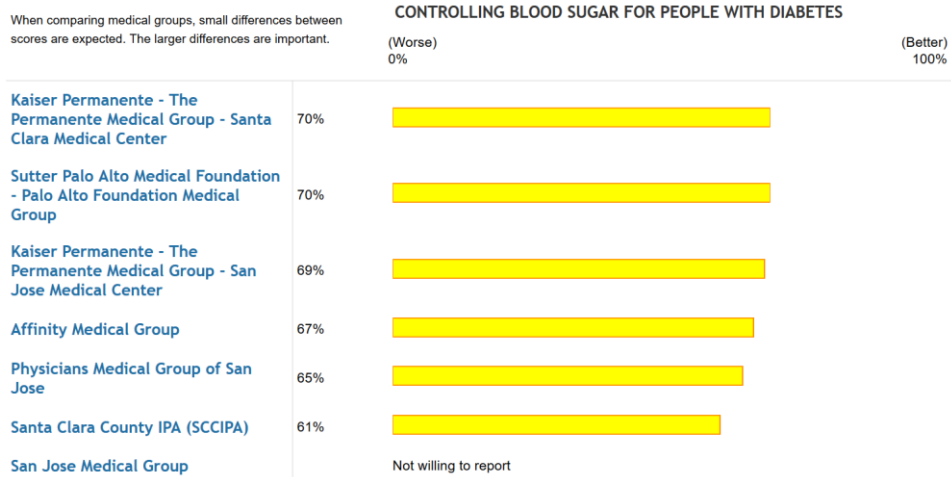


Publicly Available Performance Data from California Office of The Patient Advocate

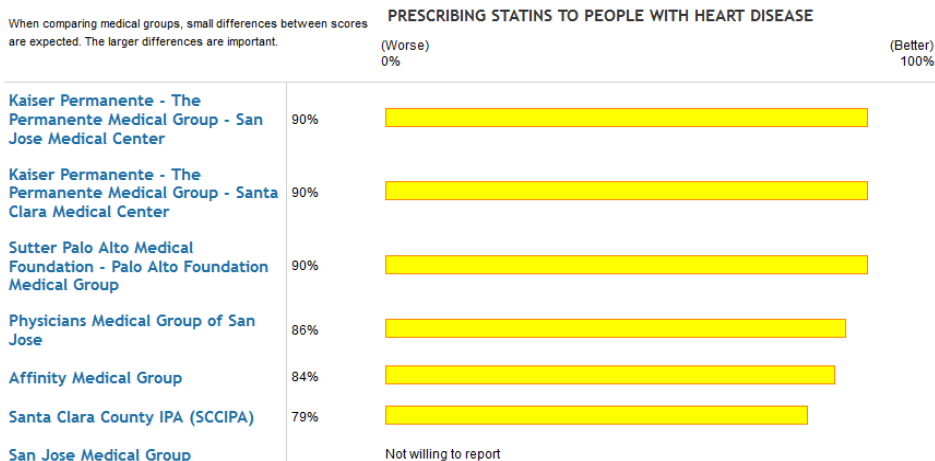
Health Care Quality Report Cards 2018-19 Edition Santa Clara County



Why is it important to manage blood pressure if you have hypertension?
 Hypertension, or high blood pressure, makes the heart work harder. This increases your risk for heart disease and other serious health conditions such as a heart attack, stroke, and kidney damage.



Why is it important to control blood sugar if you have diabetes?
 Diabetes increases your risk for high blood pressure and heart disease. High blood pressure makes the heart work harder and can lead to heart disease, stroke, and kidney damage.



Why is it important for patients with cardiovascular disease to receive statin therapy?
 Statins are a type of medicine that bring down cholesterol levels in the blood. The American College of Cardiology and American Heart Association recommend the use of statins with moderate to high intensity for adults with cardiovascular disease.