



**Right Care Initiative Silicon Valley/San Francisco Bay Area  
University of Best Practices — August 27, 2019**



**Alka Kanaya, MD**

**Professor of Medicine, Epidemiology and Biostatistics, Division of General Internal Medicine, University of California, San Francisco**

Dr. Alka Kanaya is a nationally recognized researcher in the area of excess risk for cardiovascular disease and diabetes among South Asian populations who has collaborated with UC Berkeley Right Care Professor Susan Ivey to highlight this work for instance jointly presenting on a statewide webinar for the California Department of Public Health. She is an internal medicine specialist and primary care practitioner. Dr. Kanaya's research focuses on the causes and prevention of type 2 diabetes and cardiovascular disease. To address this, she has developed a three-pronged research program. The first arm uses existing studies to test new biomarkers (measurable substances in the body) that predict diabetes and cardiovascular disease. The second arm studies these risk factors in South Asian patients (who have a higher disease prevalence compared with other ethnic groups). The 3rd arm studies behavioral interventions – such as restorative yoga classes – to determine whether they prevent the onset of diabetes in high-risk groups. Dr. Kanaya earned her medical degree from UCSF, where she completed a residency in internal medicine and a fellowship in epidemiology and internal medicine.



**César R. Molina, MD, FACC**

**Cardiologist, Co-founder and Medical Director, South Asian Heart Center, El Camino Hospital**

Dr. César R. Molina is a practicing cardiologist located in Mountain View, California. He is the co-founder and Medical Director of the South Asian Heart Center at El Camino Hospital. Dr. Molina obtained a Bachelors of Science from Boston College, where he graduated with honors as a Scholar of the College. Subsequently he obtained his medical degree from Yale University. Dr. Molina completed his M.D. thesis at the Joslin Clinic at Harvard University Medical School. Dr. Molina completed his medical, clinical pharmacology and cardiology training at Stanford University Medical Center, where he was a member of the medical school faculty and a Robert Wood Johnson Scholar. Dr. Molina frequently appears in the media discussing the benefits of diet, exercise and stress reduction in the treatment and prevention of coronary heart disease. Among many other topics, Dr. Molina's research interests include the role of lifestyle factors and longevity, and the epidemiology of coronary artery disease in South Asians. Dr. Molina is well versed in the ancient science of Ayurveda and a long term transcendental meditation practitioner.



**Nirali Vora, MD**

**Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Associate Professor, Neurology, School of Medicine, Stanford University; Director, Global Health Neurology; Program Director, Adult Neurology Residency, School of Medicine, Stanford University**

Nirali Vora is a board-certified stroke neurologist, Associate Professor at Stanford, and a faculty affiliate of the Clinical Excellence Research Center. She provides comprehensive care for stroke and transient ischemic attack (TIA) patients, especially those with "cryptogenic" or undetermined cause for their disease. She has pioneered initiatives to improve stroke care through systems change and education on a regional and global level, including development of the first stroke unit in Zimbabwe. She is the Director of the Stanford Global Health Neurology program, as well as the Program Director of the Adult Neurology Residency Training program. She looks forward to continuing to work with patients and providers to prevent and better manage stroke, eliminate disparities in health care, and improve global neurology education.



**Eveline Oestreicher Stock, MD**

**Co-Chair, Right Care Initiative Silicon Valley University of Best Practices; Assistant Professor, Cardiology, School of Medicine, University of California, San Francisco; Cardiologist, Cardiovascular Care & Prevention Center, University of California, San Francisco**

Dr. Stock's expertise in Endocrinology and Cardiology at the University of California San Francisco have informed her exciting work in molecular cardiology. Dr. Stock is a leader in the field of lipoprotein metabolism, and the diagnosis and management of lipoprotein disorders for the prevention of atherosclerotic coronary heart



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disease. Her research interests include the role of lipoprotein subclasses as predictors of coronary artery disease and myocardial infarction. She is an Assistant Professor at UCSF, a practicing cardiologist and lipidologist, and a researcher at the Cardiovascular Research Institute at UCSF. She received her medical education at the Catholic University of Chile and completed her training in endocrine hypertension and residency at Harvard Medical School's Massachusetts General Hospital. She looks forward to continuing to work with the Right Care Initiative as a means of closing the gap between science and practice to get to zero heart attacks and strokes, especially in vulnerable populations.



**Robert Kaplan, PhD**

**Adjunct Professor, School of Medicine, Stanford University; Research Director, Clinical Excellence Research Center, Stanford University; Former Chief Science Officer, US HHS AHRQ; Retired, Associate Director, National Institutes of Health; Right Care Initiative Technical Expert Group**

Dr. Robert M. Kaplan has served as Chief Science Officer at the US Agency for Health Care Research and Quality (AHRQ) and Associate Director of the National Institutes of Health, where he led the behavioral and social sciences programs. He is also a Distinguished Emeritus Professor of Health Services and Medicine at UCLA, where he led the UCLA/RAND AHRQ health services training program and the UCLA/RAND CDC Prevention Research Center. He was Chair of the Department of Health Services from 2004 to 2009. From 1997 to 2004 he was Professor and Chair of the Department of Family and Preventive Medicine at the University of California, San Diego. He is a past president of several organizations, including the American Psychological Association Division of Health Psychology, Section J of the American Association for the Advancement of Science (Pacific), the International Society for Quality of Life Research, the Society for Behavioral Medicine, and the Academy of Behavioral Medicine Research. Dr. Kaplan is a former Editor-in-Chief of Health Psychology and of the Annals of Behavioral Medicine. His 21 books and over 500 articles or chapters have been cited nearly 30,000 times and the ISI includes him in the listing of the most cited authors in his field (defined as above the 99.5th percentile). Kaplan is an elected member of the National Academy of Medicine (formerly the Institute of Medicine). Dr. Kaplan is currently Regenstrief Distinguished Fellow at Purdue University and Adjunct Professor of Medicine at Stanford University, where he works with Stanford's Clinical Excellence Research Center (CERC).



**Hattie Rees Hanley, MPP**

**Director and Co-Founder, Right Care Initiative, UC Berkeley School of Public Health, Center for Healthcare Organizational and Innovation Research**

Ms. Hanley co-founded the Right Care Initiative in 2007 with the Deans of the University of California, Berkeley and UCLA's Schools of Public Health, clinical experts, and State of California leadership to improve patient outcomes in high yield areas for preventing disability and death, where the science is clear, but the uptake is uneven. The Right Care Initiative is a public-private, charitably-funded collaborative effort that has thus far worked in the areas of prevention and better management of Hospital Acquired Infections (HAI), heart attacks, strokes, diabetes and heart failure. Ms. Hanley has directed the initiative since its inception, in close collaboration with leading experts in the field. The hallmark of her public policy career is bridging across the disparate arenas of business, government, health care delivery, science and academia. Ms. Hanley received her Master's in Public Policy from Harvard University's John F. Kennedy School of Government, after studying health economics and pre-medical coursework at UC Davis. Since that time, she has applied her background in science and public policy in the areas of clinical quality improvement, public health preparedness and improving laws to protect patients. She was instrumental in the negotiations and passage of the set of California laws known as the Patient Bill of Rights, which includes the right to a Second Medical Opinion and Independent Medical Review. The Right Care Initiative is a program within the UC Berkeley School of Public Health's Center for Health Organizational and Innovation Research (CHOIR). In her spare time, she enjoys singing ancient music in multi-part harmony.