



## A G E N D A

Thursday, February 21, 2019 | 12:00 to 2:00 p.m.

(Networking lunch served at 11:30 a.m.)

RAND Corporation | 1<sup>st</sup> Floor at The Forum

1776 Main St. Santa Monica, CA 90401

### Right Care University of Best Practices Care Management Goals: Prevention and High-Quality Management of Heart Disease, Strokes, and Diabetes

#### Metrics targets:

75% of cardiovascular disease and/or diabetes patients meeting the following targets (or national 90th percentile of performance on these HEDIS measures, whichever is greater) :

- Blood pressure (BP) controlled:  $<140/90$  mm Hg
- Diabetic patients with blood sugar controlled:  $HbA1c < 8$
- Consistently taking intensive cholesterol medication appropriate to clinical targets

#### CME/CE Learning Objectives:

1. Describe and synthesize the relationship between diabetes and cardiovascular risk.
2. Understand the role of SGLT-2 inhibitors and GLP-RA's in reducing CV events in diabetics.
3. Summarize the ADA 2019 guidelines on the treatment of diabetics with CVD.

12:00 to 12:05 p.m.

#### Welcome, Introductions and Chairpersons' Remarks

Chloe Bird, PhD, MA, Senior Social Scientist, RAND Corporation

Steve Chen, PharmD, FASHP, FCSHP, FNAP, Associate Dean for Clinical Affairs; William A. and Josephine A. Heeres Chair in Community Pharmacy; Associate Professor of Clinical Pharmacy, University of Southern California

Tony Kuo, MD, MSHS, Co-Chair, Right Care Initiative University of Best Practices--Los Angeles; Director, Division of Chronic Disease and Injury Prevention, Los Angeles County Department of Public Health; Co-Program Leader, Population Health Program, UCLA Clinical and Translational Science Institute

LaVonna Blair Lewis, PhD, MPH, Co-Chair, Right Care Initiative University of Best Practices – Los Angeles; Teaching Professor of Public Policy and Diversity Liaison, USC School of Public Policy

Carol Peden, MBChB, MD, MPH Co-Chair, Right Care Initiative University of Best Practices – Los Angeles; Executive Director, University of Southern California Center for Health System Innovation; Professor, Keck School of Medicine

Carol Zaher, MD, MPH, MBA, Co-Chair, University of Best Practices, Heart Failure Work Group Co-Chair, Right Care Initiative—Los Angeles; Medical Director, Health Net California Medical Management, Centene

Hattie Rees Hanley, MPP, Director, Right Care Initiative, University of California, Berkeley

12:05 to 12:40 p.m.

#### LA County Public Health Department: Programming to Improve Diabetic Patient Health

Jennifer Torres Mosst, PhD, MScPH, MSSW, Program Manager of Chronic Disease Prevention Strategies, Los Angeles Department of Public Health

12:40 to 1:25 p.m.

#### Innovations in Care for Patients with Diabetes

Norman Lepor, MD, FACC, FAHA, FSCAJ, Past President, California Chapter, American College of Cardiology; Clinical Professor of Medicine, Geffen School of Medicine, UCLA; Attending Cardiologist, Cedars-Sinai Heart Institute; Co-director, Cardiovascular Imaging, Westside Medical Imaging; Director of Clinical Research-Westside Medical Associates of Los Angeles

1:25 to 1:45 p.m.

#### Discussant Response and Perspective

Oliver Brooks, MD, Medical Director, Watts HealthCare Corporation; Incoming President, National Medical Association; Expert Commentator

1:45 to 2:00 p.m.

Group Discussion, Announcements and CME

Next Session will be on WEDNESDAY, March 20<sup>th</sup> at RAND Corporation

Thank you, RAND Corporation, for hosting The Right Care Initiative LA University of Best Practices!



There was no commercial support provided for this activity. Please submit your evaluation form at the end of the meeting to qualify for CME/CE credits.



#### CME Credits for MDs, DOs and PAs



This activity has been planned and implemented in accordance with the accreditation standards and policies of IMQ/CMA Institute for Medical Quality, a subsidiary of the California Medical Association, through the joint providership of L.A. Care Health Plan and The Right Care Initiative. L.A. Care Health Plan is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. L.A. Care Health Plan designate this live educational activity for a maximum of **1.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity. L.A. Care Health Plan takes responsibility for the content, quality and scientific integrity of this CME/CE live activity.

#### L.A. Care HEALTH PLAN CE Credits for RNs and NPs

L.A. Care Health Plan is an approved Continuing Education Provider by the California Board of Registered Nursing, CEP 13731. This program is approved for **1.75 CE credits**.

#### CE Credits for LCSWs, LMFTs, LPCCs and LEPs

L.A. Care Health Plan is approved by the California Association of Marriage and Family Therapists (CAMFT Approved CE Provider #133836) to sponsor continuing education for LCSWs, LMFTs, LPCCs, and LEPs. L.A. Care Health Plan maintains responsibility for this program/course and its content. L.A. Care Health Plan designate this live educational course for **1.75 hour** of continuing education credits for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Association of Marriage and Family Therapists.

#### Disclosures

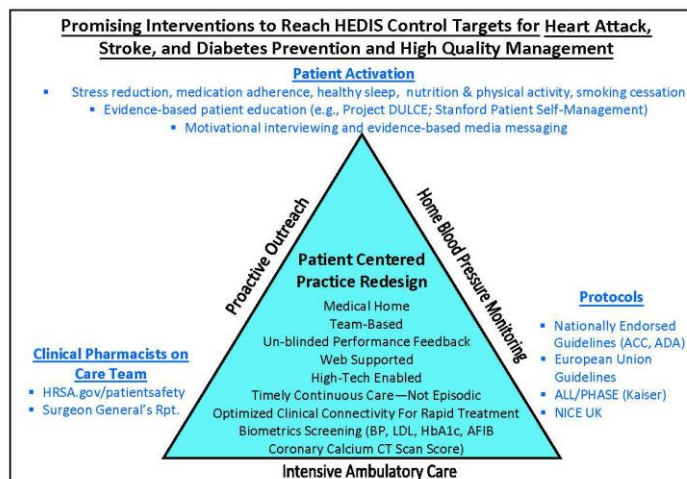
The following planners and faculty do not have relevant financial relationships with commercial interests.

#### Planners:

- Hattie Rees Hanley, MPP**, Director, Right Care Initiative, University of California, Berkeley School of Public Health
- Meaghan Olson**, Research Associate, Right Care Initiative, University of California, Berkeley School of Public Health
- Leilanie Mercurio**, Program Manager, Provider Continuing Education Program, L.A. Care Health Plan

#### Faculty:

- Jennifer Torres Mosst, PhD, MScPH, MSSW**, Program Manager of Chronic Disease Prevention Strategies, Los Angeles Department of Public Health
- Norman Lopor, MD, FACC, FAHA, FSCAI**, Past President, California Chapter, American College of Cardiology; Clinical Professor of Medicine, Geffen School of Medicine, UCLA; Attending Cardiologist, Cedars-Sinai Heart Institute; Co-director, Cardiovascular Imaging, Westside Medical Imaging; Director of Clinical Research-Westside Medical Associates of Los Angeles



Slides from meetings and other resources are available here: <http://rightcare.berkeley.edu>

*Collaborating every day to reduce the interval between scientific advances and practical implementation in high-yield areas to prevent disability and death, with current focus on prevention and better management of heart disease, strokes & diabetic complications. Join us!*

Tax deductible donations to support our private-public collaborative can be made at the Right Care Initiative link of the UC Berkeley Foundation: <https://give.berkeley.edu/egiving/index.cfm?fund=FN4214000>; Charitable donations may also be mailed to: SPH-CHOIR-RCI; 50 University Hall #7360, Berkeley, CA 94720-7360