DHCS, Million Hearts® Initiative, CMS

- DHCS is focusing in hypertension control
- Partnering with 10 Medi-Cal managed care plans
- Preliminary data suggests improvement in HEDIS HTN control metric
- Supported distribution of Right Care HTN algorithm cards to the Sacramento region and several Medi-Cal health plans
Hypertension Treatment Algorithm 2014
Adapted from JNC-8
For June 2014 University of Best Practices

Distributed by Clinicians
Group Capital Region
Right Care 2015

Right Care Initiative
Hypertension Treatment Algorithm 2014
Adapted from JNC-8 and Distributed by the Clinicians Group of the Capital Region Right Care Initiative.

At goal blood pressure?  Yes

Reinforce medication and lifestyle adherence.
For strategies A and B, add and titrate thiazide-type diuretic or ACEI or ARB or CCB (use medication class not previously selected and avoid combined use of ACEI and ARB).
For strategy C, titrate doses of initial medications to maximum.

At goal blood pressure?  Yes

Reinforce medication and lifestyle adherence.
Add and titrate thiazide-type diuretic or ACEI or ARB or CCB (use medication class not previously selected and avoid combined use of ACEI and ARB).

At goal blood pressure?  Yes

Reinforce medication and lifestyle adherence.
Add additional medication class (eg, β-blocker, aldosterone antagonist, or others) and/or refer to physician with expertise in hypertension management.

At goal blood pressure?  Yes

Continue current treatment and monitoring.

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*Check for goal within one month per JNC-8 Recommendation.

*Blood pressure falls to be maintained at goal, re-enter the algorithm where appropriate based on the current individual therapeutic plan.
Advancing Hypertension Control

• Vertical alignment (e.g., Million Hearts® Initiative)
• Horizontal alignment (e.g., across health plans and public/private purchasers)
• Learning collaborative model