



Right Care Capitol Region University of Best Practices Agenda

August 10, 2015 | 12:00 noon to 2 p.m. PST (*Networking lunch served at 11:30 am*)

Sierra Health Foundation | 1321 Garden Highway, Sacramento, CA 95833

University of Best Practices Goals: Heart attack, stroke, and diabetes-complications prevention and improved management, focused on patients diagnosed with hypertension, heart disease and/or diabetes.

Achieve National HEDIS 90th Percentile ("A Grade") Targets:

75% of hypertensive patients with **blood pressure (BP)** controlled: <140/90 mm Hg

73% of patients with cardiovascular conditions on appropriate statin (proxy, LDL controlled: LDL-C < 100 mg/dL)

71% of diabetic patients with **blood sugar** controlled: HbA1c <8

59% of diabetic patients with **lipids** controlled: LDL-C < 100 mg/dL

Please be seated and ready for around-the-room introductions by 11:55

Continuing Education Learning Objectives:

1. Discuss the implementation of "Outpatient Intensive Care" for high-risk patients to avoid unnecessary emergency department and hospital admissions and re-admissions.
2. Discuss the Stanford experience with this intensive team-based model.
3. Discuss the evidence for this model across multiple institutions.

12:00 to 12:10 p.m.

Welcome & Introductions

José A. Arévalo, MD, FAAFP, Senior Medical Director, Sutter Independent Physicians; Co-Chair, Right Care Initiative Capitol Region University of Best Practices (UBP);

President Latino Physicians of CA; and immediate past president, Sierra Sacramento Medical Society

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group; Co-Chair, Right Care UBP

Mary Fermazin, MD, MPA, Chief Medical Officer, and VP, Health Policy & Quality Measurement Health Services Advisory Group (HSAG) (California's federally-designated Quality Improvement Organization for technical assistance with Million Hearts, etc.)

Hattie Rees Hanley, MPP, Right Care Initiative Director, Dept. of Managed Health Care & UC Berkeley School of Public Health, Center for Health Outcomes and Innovation Research

12:10 to 12:15 p.m.

Hypertension Algorithm Pocket Card Sacramento Roll-Out

Dr. Arévalo, Dr. Fermazin, and Susan L. Ivey, MD, MHSA, Professor and Director of Research, Center for Health Research for Action, University of California, Berkeley, School of Public Health

12:15 to 12:20 p.m.

Patient Self-Management Update

Jennifer Wieckowski, Program Director, Health Services Advisory Group

12:20 to 1:40 p.m.

Implementation of "Outpatient Intensive Care" for High-risk Patients to Avoid Unnecessary Emergency Department and Hospital Admissions and Re-admissions

Ann Lindsay, MD, Co-Director, Stanford Coordinated Care, Clinical Professor of Medicine

1:40 to 1:59 p.m.

Round the Room Discussion of Progress and Action Steps toward Million Hearts Goals

2:00 p.m.

Continuing Medical and Nursing Education forms (2 free credits complements of HSAG)

Next University of Best Practices: Monday, September 14th

*A Big THANK YOU to Sierra Health Foundation
for hosting the Right Care Initiative!*

Please see over for Continuing Medical Education



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Continuing Education Information

The learning objectives for the repeat Sacramento UBP sessions include:

1. Discuss the latest developments and emerging evidence in the prevention and treatment of cardiovascular diseases and optimal treatment of diabetes.
2. Describe evidence-based best practices or promising interventions to improve cardiovascular care, reduce heart attacks and strokes, and reduce diabetic complications.
3. Appraise each best practice and promising intervention for application in similar or different practice settings.
4. Provide suggestions for developing an action plan for implementation of the best practices or promising interventions in the physician-practice setting.

Physician Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of SynAptiv and HSAG. SynAptiv is accredited by the ACCME to provide continuing medical education for physicians. SynAptiv designates this live activity for a maximum of 2 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



CE Contact Hours for RNs and LVNs

HSAG is the CE provider for this event. Provider approved by the California Board of Registered Nursing, Provider Number CEP 15360, for 2 contact hours. There is no charge for attendance of this event. Provider approved by the California Board of Vocational Nursing & Psychiatric Technicians, Provider number V10664 for 2 contact hours

This Continuing Medical Education material was prepared by Health Services Advisory Group, the Medicare Quality Improvement Organization for California, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. Publication No. CA-11SOW-B.1-07302015-01