



Right Care Capitol Region University of Best Practices Agenda

July 13, 2015 | 12:00 noon to 2 p.m. PST (*Networking lunch served at 11:30 am*)

Sierra Health Foundation | 1321 Garden Highway, Sacramento, CA 95833

University of Best Practices Goals: Heart attack, stroke, and diabetes-complications prevention and improved management, focused on patients diagnosed with hypertension, heart disease and/ or diabetes.

Achieve National HEDIS 90th Percentile ("A Grade") Targets:

75% of hypertensive patients with **blood pressure (BP)** controlled: <140/90 mm Hg

73% of patients with cardiovascular conditions on appropriate statin (proxy, LDL controlled: LDL-C < 100 mg/dL)

71% of diabetic patients with **blood sugar** controlled: HbA1c <8

59% of diabetic patients with **lipids** controlled: LDL-C < 100 mg/dL

Please be seated and ready for around-the-room introductions by 11:55

Continuing Education Learning Objectives:

1. Learn Million Hearts Goals and Strategies for Improving Care

2. Learn practical strategies to implement more effective team-based care

3. Learn proven strategies for addressing practice variation

12:00 to 12:10 p.m.

Welcome & Introductions

José A. Arévalo, MD, FAAFP, Senior Medical Director, Sutter Independent Physicians; Co-Chair, Right Care Initiative Capitol Region University of Best Practices (UBP);

President Latino Physicians of CA; and immediate past president, Sierra Sacramento Medical Society

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group; Co-Chair, Right Care UB

Mary Fermazin, MD, MPA, Chief Medical Officer, and VP, Health Policy & Quality Measurement Health Services Advisory Group (HSAG) (California's federally-designated Quality Improvement Organization for technical assistance with Million Hearts, etc.)

Hattie Rees Hanley, MPP, Right Care Initiative Director, Dept. of Managed Health Care & UC Berkeley School of Public Health, Center for Health Outcomes and Innovation Research

12:10 to 12:20 p.m.

Hypertension Algorithm pocket Card Sacramento Roll-Out

Dr. Arévalo, Dr. Fermazin, and Susan L. Ivey, MD, MHSA, Professor and Director of Research, Center for Health Research for Action, University of California, Berkeley, School of Public Health

12:20 to 12:40 p.m.

Million Hearts Update from the National Campaign to Prevent Heart Attacks and Strokes -

Betsy L. Thompson, MD, DrPH, Deputy Regional Health Administrator, Office of the Assistant Secretary for Health, Region IX, CAPT, U.S. Department of Health and Human Services

12:40 to 1:40 p.m.

Palo Alto Medical Foundation, Sutter Health

Stephan Schwarzwaelder MS, RN, PMP, Specialty Nurse, Quality and Patient Safety P4P & ACO Quality Metrics Program Manager, Palo Alto Medical Foundation, Sutter Health

1:40 to 1:59 p.m.

Round the Room Discussion of Progress and Action Steps toward Million Hearts Goals

2:00 p.m.

Continuing Medical and Nursing Education forms (2 free credits complements of HSAG)

Next University of Best Practices: Monday, August 10th

*A Big THANK YOU to Sierra Health Foundation
for hosting the Right Care Initiative!*