



## Right Care Capitol Region University of Best Practices Agenda

June 8, 2015 | 12:00 noon to 2 p.m. PST (*Networking lunch served at 11:30 am*)

Sierra Health Foundation | 1321 Garden Highway, Sacramento, CA 95833

University of Best Practices Goals: Heart attack, stroke, and diabetes-complications prevention and improved management, focused on patients diagnosed with hypertension, heart disease and/ or diabetes.

### Achieve National HEDIS 90th Percentile ("A Grade") Targets:

75% of hypertensive patients with **blood pressure (BP)** controlled: <140/90 mm Hg

73% of patients with cardiovascular conditions on appropriate statin (proxy, LDL controlled: LDL-C < 100 mg/dL)

71% of diabetic patients with **blood sugar** controlled: HbA1c <8

59% of diabetic patients with **lipids** controlled: LDL-C < 100 mg/dL

*Please be seated and ready for around-the-room introductions by 11:55*

### Continuing Education Learning Objectives:

1. Learn Million Hearts Goals and Strategies for Improving Care
2. Learn practical strategies to implement more effective team-based care
3. Learn proven strategies for addressing practice variation

**12:00 to 12:10 p.m.**

### Welcome & Introductions

José A. Arévalo, MD, FAAFP, Senior Medical Director, Sutter Independent Physicians; Co-Chair, Right Care Initiative Capitol Region University of Best Practices (UBP);

President Latino Physicians of CA; and immediate past president, Sierra Sacramento Medical Society

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group; Co-Chair, Right Care UB

Mary Fermazin, MD, MPA, Chief Medical Officer, and VP, Health Policy & Quality Measurement Health Services Advisory Group (HSAG) (California's federally-designated Quality Improvement Organization for technical assistance with Million Hearts, etc.)

Hattie Rees Hanley, MPP, Right Care Initiative Director, Dept. of Managed Health Care & UC Berkeley School of Public Health, Center for Health Outcomes and Innovation Research

**12:10 to 12:30 p.m.**

### Mercy Medical Group – Results of Surveying Medical Assistants regarding Hypertension

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group; Co-Chair, Right Care UB

**12:30 to 1:30 p.m.**

### UC Davis Health Management and Education: Care Coordination Outcomes and a Pilot of an ABCS Bundle for Cardiovascular Risk

Tom Balsbaugh, MD, Clinical Professor, Department of Family and Community Medicine and Medical Director, PCMH and Care Coordination, University of California, Davis Health System

Bridget Levich, MS, RN, CDE, Director, Health Management and Education, University of California, Davis Health System

**1:30 to 1:35 p.m.**

**Hypertension Update-** Mary Fermazin, MD, Chief Medical Officer, and VP, Health Policy & Quality Measurement, HSAG (QIO), and Susan Ivey, MD, UC Berkeley Center for Health Research For Action

**1:35 to 1:59 p.m.**

**Round the Room Discussion of Progress and Action Steps toward Million Hearts Goals**

**2:00 p.m.**

**Continuing Medical and Nursing Education forms (2 free credits complements of HSAG)**

Next University of Best Practices: Monday, July 13<sup>th</sup>

*A Big THANK YOU to Sierra Health Foundation*



**Right Care Capitol Region University of Best Practices Agenda**  
*for hosting the Right Care Initiative!*