



Right Care Capitol Region University of Best Practices Agenda

April 13, 2015 | 12:00 noon to 2 p.m. PST (*Networking lunch served at 11:30 am*)

Sierra Health Foundation | 1321 Garden Highway, Sacramento, CA 95833

University of Best Practices Goals: Heart attack, stroke, and diabetes-complications prevention and improved management, focused on patients diagnosed with hypertension, heart disease and/ or diabetes.

Achieve National HEDIS 90th Percentile ("A Grade") Targets:

75% of hypertensive patients with **blood pressure (BP)** controlled: <140/90 mm Hg

73% of patients with cardiovascular conditions with **lipids** controlled: LDL-C < 100 mg/dL

71% of diabetic patients with **blood sugar** controlled: HbA1c <8

59% of diabetic patients with **lipids** controlled: LDL-C < 100 mg/dL

Please be seated and ready for around-the-room introductions by 11:55

Learning Objectives:

1. Discuss the latest developments and emerging evidence in Advanced Practice Pharmacy for the prevention and treatment of cardiovascular diseases and optimal treatment of diabetes.
2. Describe evidence-based pharmacy best practices and/ or promising interventions to improve cardiovascular care, reduce heart attacks, strokes, and reduce diabetic complications.
3. Consider each best practice and promising intervention for application in similar or different practice settings.
4. Provide suggestions for developing an action plan for implementation of the best practices and/ or promising interventions in the physician practice and/or community setting.

12:00 to 12:15 p.m. Welcome & Introductions Around the Room

José A. Arévalo, MD, FAAFP, Senior Medical Director, Sutter Independent Physicians; Co-Chair, Right Care Initiative Capitol Region University of Best Practices (UBP); President Latino Physicians of CA; and immediate past president, Sierra Sacramento Medical Society

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group; Co-Chair, Right Care UBP

Mary Fermazin, MD, MPA, Chief Medical Officer, and VP, Health Policy & Quality Measurement Health Services Advisory Group (HSAG) (federally-designated CA Quality Improvement Organization)

Hattie Rees Hanley, MPP, Right Care Initiative Director, State of CA Department of Managed Health Care, & UC Berkeley School of Public Health, Center for Health Outcomes and Innovation Research

12:15 to 12:25 p.m. Hypertension Control Cap Region Roadmap Updates: Doctors Arévalo, Fermazin, and Ivey
Hypertension algorithm work group & physician organization survey support by HSAG QIO and CAPG

12:25 to 12:35 p.m. Patient Perspective: Pharmacist Intervention – Liz Helms, President, CA Chronic Care Coalition

12:35 to 1:00 p.m. Return on Investment & Recent Innovations with Advanced Practice Pharmacy for improved Cardiovascular and Diabetes Outcomes - Marilyn Stebbins PharmD, Professor, UCSF School of Pharmacy – Introduction of ACO project with Blue Shield, Hill Physician Group, Walgreens and UCSF

1:00 to 1:20 p.m. Health Plan Perspective on adding Pharmacists to the Care Team in ACO – Blue Shield of California
Nancy England, RPh, Sr. Pharmacist, Accountable Care Organization (ACO) Program Manager
Denis Ishisaka, PharmD, Sr. Pharmacist and ACO Program Manager

1:20 to 1:40 p.m. Community Pharmacy Intervention Success - Parisa Vatanka, PharmD, Assistant Clinical Professor, University of California San Francisco, and Pharmacy Strategic Alliances Manager, Safeway, Inc.

1:40 to 1:58 p.m. Round the Room Discussion of Action Steps for Better Regional HTN control

1:58 to 2:00 p.m. Continuing Medical and Nursing Education forms (2 free credits complements of HSAG)

A Big Thanks to Sierra Health Foundation for hosting the Right Care Initiative!