



Right Care Capitol Region University of Best Practices Agenda

January 12, 2015 | 12:00 noon to 2 p.m. PST (*Networking lunch served at 11:30 am*)

Sierra Health Foundation | 1321 Garden Highway, Sacramento, CA 95833

Working together to prevent heart attacks, strokes, and diabetes complications

University of Best Practices Goals: Heart attack, stroke, and diabetes-complications prevention and better management, focused on patients diagnosed with hypertension, heart disease and/ or diabetes.

Achieve National HEDIS 90th Percentile (“A Grade”) Targets:

75% of hypertensive patients with **blood pressure (BP)** controlled: <140/90 mm Hg

73% of patients with cardiovascular conditions with **lipids** controlled: LDL-C < 100 mg/dL

71% of diabetic patients with **blood sugar** controlled: HbA1c <8

59% of diabetic patients with **lipids** controlled: LDL-C < 100 mg/dL

Please be seated and ready for around-the-room introductions by 11:58

Learning Objectives:

- 1) Understand the role of leadership combined with un-blinded provider data to motivate care teams to improve patient outcomes.
- 2) Learn new culturally competent care strategies to close health care disparity gaps.
- 3) Understand the team-based model deployed to turn a medical group into one of the top performing in CA.

12:00 to 12:10 p.m. Welcome & Introductions

José A. Arévalo, MD, FFAFP, Senior Medical Director, Sutter Independent Physicians; Co-Chair, Right Care Initiative Capitol Region University of Best Practices (UBP); President Latino Physicians of CA; and immediate past president, Sierra Sacramento Medical Society

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group; Co-Chair, Right Care UBP

Mary Fermazin, MD, MPA, Chief Medical Officer, and Vice President, Health Policy & Quality Measurement Health Services Advisory Group (HSAG)-- the federal Medicare Quality Improvement Organization for CA

Hattie Rees Hanley, MPP, Right Care Initiative Director, CA Department of Managed Health Care and UC Berkeley School of Public Health, Center for Health Organization and Innovation Research

12:10 to 12:25 p.m. Hypertension Updates:

- Vision for a Regional Hypertension Control Roadmap- José A. Arévalo
- Physician Survey of needs for improving Hypertension- Alan R. Ertle

12:25 to 1:15 p.m. Team Based Turn-Around Strategies adopted by San Diego Kaiser to move from relatively low performance, to Right Care Platinum Award Winner 2014

Rae Boganey, MD, Right Care Platinum Leadership Award Winner 2014; Physician Champion of Healthcare Disparities Kaiser Permanente, San Diego and formerly Physician Director, Complete Care Management, Kaiser Permanente, San Diego

1:15 to 1:45 p.m. Breakout Group Discussion: Improving Hypertension Control using these strategies

1:45 to 1:58 p.m. Report Back and Discussion

1:58 to 2:00 p.m. Continuing Medical Education forms

February 9 meeting: Clinical Information Exchange & Cal-Index

Thank you Sierra Health Foundation for hosting us, and CCCC, HSAG, Abbvie, Boehringer-Ingelheim, Genentech, and Novo Nordisk for Supporting the Right Care Initiative!