



Right Care Capitol Region University of Best Practices Agenda

December 8, 2014 | 12:00 noon to 2 p.m. PST (*Networking lunch served at 11:30 am*)

Sierra Health Foundation | 1321 Garden Highway, Sacramento, CA 95833

Working together to prevent heart attacks, strokes, and diabetes complications

University of Best Practices Goals: Heart attack, stroke, and diabetes-complications prevention focused on patients diagnosed with hypertension, heart disease and/ or diabetes through lipid, blood pressure, and blood sugar management.

Achieve National HEDIS 90th Percentile ("A Grade") Targets:

75% of hypertensive patients with **blood pressure (BP)** controlled: <140/90 mm Hg

73% of patients with cardiovascular conditions with **lipids** controlled: LDL-C < 100 mg/dL

71% of diabetic patients with **blood sugar** controlled: HbA1c <8

59% of diabetic patients with **lipids** controlled: LDL-C < 100 mg/dL

Please be seated and ready for around-the-room introductions by 11:58

12:00 to 12:10 p.m. Welcome & Introductions

José A. Arévalo, MD, FAAFP, Senior Medical Director, Sutter Independent Physicians; Sacramento University of Best Practices Co-Chair, Right Care Initiative; President Latino Physicians of CA & Sierra Sacramento Medical Society

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group

Mary Fermazin, MD, MPA, Chief Medical Officer, Health Services Advisory Group of California, Inc. (HSAG of California), the Medicare Quality Improvement Organization for California; Vice President, Health Policy & Quality Measurement, Health Service Advisory Group, Inc. (HSAG)

Hattie Rees Hanley, MPP, Right Care Initiative Director, CA Department of Managed Health Care and UC Berkeley School of Public Health, Center for Health Organization and Innovation Research

12:10 to 12:30 p.m. Technical Assistance by California's Federally-designated Quality Improvement Organization (QIO)

Mary Fermazin, MD, MPA, Vice President for Health Policy & Quality Measurement, HSAG

12:30 to 1:00 p.m. Innovation Opportunities for Reducing and Better Managing Heart Attacks and Strokes

Patricia E. Powers, MPA, CHHS Innovation Director, Let's Get Healthy California Task Force and California State Innovation Model (CalSIM)

1:00 to 1:30 p.m. Effective Lifestyle Strategies for Better Patient Outcomes

Don Forrester, MD Medical Director, EarthSave International

1:30 to 1:55 p.m. Around the room strategic discussion about concrete collaborative action (e.g. Improving Event to Intervention Time; functional clinical information exchange prioritizing emergency situations and high risk patients; supporting effective lifestyle change for controlling BP, cholesterol, sugar; etc.)

1:55 to 2:00 p.m. Evaluation Forms & Co-Chair Closing Comments: Next Capitol Region UBP January 8

Thank you Sierra Health Foundation,

California Chronic Care Coalition, HSAG, Novo Nordisk,

Boehringer-Ingelheim, and Genentech for Supporting the Right Care Initiative!