



## Right Care Capitol Region University of Best Practices Agenda

February 9, 2015 | 12:00 noon to 2 p.m. PST (*Networking lunch served at 11:30 am*)

Sierra Health Foundation | 1321 Garden Highway, Sacramento, CA 95833

University of Best Practices Goals: Heart attack, stroke, and diabetes-complications prevention and improved management, focused on patients diagnosed with hypertension, heart disease and/ or diabetes.

### Achieve National HEDIS 90th Percentile ("A Grade") Targets:

75% of hypertensive patients with **blood pressure (BP)** controlled: <140/90 mm Hg

73% of patients with cardiovascular conditions with **lipids** controlled: LDL-C < 100 mg/dL

71% of diabetic patients with **blood sugar** controlled: HbA1c <8

59% of diabetic patients with **lipids** controlled: LDL-C < 100 mg/dL

*Please be seated and ready for around-the-room introductions by 11:55*

### Learning Objectives:

- 1) Learn how functional clinical information exchange can save lives in emergencies.
- 2) Learn how new technologies can help support chronically and severely ill patients and their care teams.
- 3) Learn about resources available to improve hypertension control in the Capitol Region.

### 12:00 to 12:10 p.m. Welcome & Introductions

José A. Arévalo, MD, FAAFP, Senior Medical Director, Sutter Independent Physicians; Co-Chair, Right Care Initiative Capitol Region University of Best Practices (UBP); President Latino Physicians of CA; and immediate past president, Sierra Sacramento Medical Society

Alan R. Ertle, MD, MPH, MBA, Chief Medical Officer, Mercy Medical Group; Co-Chair, Right Care UBP

Mary Fermazin, MD, MPA, Chief Medical Officer, and VP, Health Policy & Quality Measurement

Health Services Advisory Group (HSAG) (federally-designated CA Quality Improvement Organization)

Hattie Rees Hanley, MPP, Right Care Initiative Director, CA Department of Managed Health Care and UC Berkeley School of Public Health, Center for Health Outcomes and Innovation Research

### 12:10 to 12:25 p.m. Hypertension Control Roadmap Updates:

- Hypertension physician survey – Mercy Med. Group's subsequent steps – Dr. Alan Ertle
- Hypertension algorithm work group & survey support by HSAG – Drs. Arévalo & Fermazin

### 12:25 to 12:40 p.m. Patient Perspective - Justus Decher, Complex Patient/ Founder/ President, MyVitalz\*

*\*(2 - 3 pm, Natomas Room- MyVitalz demonstration for those interested in greater depth)*

### 12:40 to 1:20 p.m. Cal Index Health Information Exchange

David Watson, Chief Executive Officer, Cal-Index

Andrea Leeb, RN, JD, Chief Privacy Officer, Cal-Index

### 1:20 to 1:35 p.m. California Association of Health Information Exchanges – Perspective

Robert Cothren, PhD, Executive Director

### 1:35 to 1:58 p.m. Round the Room Discussion

### 1:58 to 2:00 p.m. Continuing Medical and Nursing Education forms (2 free credits complements of HSAG)

Note: March 12: Gunderson Health System, Dr. Michael Dolan (a top-10 performer nationally)

*Thank you Sierra Health Foundation for hosting us,  
and CA Chronic Care Coalition, Genentech, HSAG, and Novo Nordisk for  
supporting the Right Care Initiative University of Best Practices Sacramento!*